

1980

Adolescent Life Change Event Questionnaire

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ADOLESCENT LIFE CHANGE EVENT QUESTIONNAIRE

The years between 13 and 18 are filled with lots of changes for everyone. When unexpected events occur it is upsetting. This questionnaire lists events that may occur between the ages of 13 and 18. We want to know how upsetting you believe it would be to have such events happen. You will be answering on a computer answer sheet just as you have done for some tests. Do not put your name on the answer sheet or write on the questionnaire.

1. What is your sex?
A = Male
B = Female
2. What is your racial background?
A = White, non Hispanic
B = Black
C = Hispanic or Chicano
D = Asian
E = Other
3. How old are you?
A. 13 years old
B. 14 years old
C. 15 years old
D. 16 years old
E. 17 or 18 years old

Starting with question 4, you will be indicating how upsetting you believe each of these events would be if they happened. Please note that it is very important that you answer for each event even if you have never experienced it. The following scoring system will be used: A = not at all upsetting; B = a little upsetting; C = somewhat upsetting; D = very upsetting; E = extremely upsetting.

		H O W U P S E T T I N G				
		Not at all	A little	Somewhat	Very	Extremely
4.	Change in physical appearance (getting braces, glasses, acne, etc.).....	A	B	C	D	E
5.	Being arrested by police.....	A	B	C	D	E
6.	Death of a parent.....	A	B	C	D	E
7.	Starting a new school.....	A	B	C	D	E
8.	Getting into drugs or alcohol.....	A	B	C	D	E
9.	Losing a favorite pet.....	A	B	C	D	E
10.	Failing one or more subjects at school.....	A	B	C	D	E

H O W U P S E T T I N G

Not at A Somewhat Very Extremely
all little

- | | A | B | C | D | E |
|-------------------------------------------------------------------------------------|---|---|---|---|---|
| 35. Divorced or widowed parent starting to date.. | A | B | C | D | E |
| 36. Failing driver's test..... | A | B | C | D | E |
| 37. Thinking about harming myself..... | A | B | C | D | E |
| 38. (For girls only): Finding out you are pregnant..... | A | B | C | D | E |
| (For boys only): Finding out you got someone pregnant..... | A | B | C | D | E |
| 39. Parent remarrying..... | A | B | C | D | E |
| 40. Death of a grandparent..... | A | B | C | D | E |
| 41. Having to take over the majority of care for a young brother/sister..... | A | B | C | D | E |
| 42. Not doing as well as your parents expect in school..... | A | B | C | D | E |
| 43. Other (write and indicate on the answer sheet how upsetting the event would be) | | | | | |

44. Other (write and indicate on the answer sheet how upsetting the event would be) _____

	Happened in the past year		Ever happened	
	Yes	No	Yes	No
61. Parent or relative in your family (other than yourself) getting very sick.....	A	B	C	D
62. Close friend dying.....	A	B	C	D
63. Trouble with teacher or principal.....	A	B	C	D
64. Flunking a grade in school.....	A	B	C	D
65. Trying to make new friends.....	A	B	C	D
66. Having a friend attempt/commit suicide.....	A	B	C	D
67. Losing a job.....	A	B	C	D
68. Wrecking a car.....	A	B	C	D
69. Getting grounded.....	A	B	C	D
70. Not getting selected for an activity (i.e., athletic team, social club, etc.).....	A	B	C	D
71. Problems with size (too tall, too short, too heavy).....	A	B	C	D
72. Increased or worse arguments/fights with parents.....	A	B	C	D
73. Increased or worse arguments/fights with brother or sister.....	A	B	C	D
74. Moving to a new home in a new city.....	A	B	C	D
75. Breaking up with a close friend.....	A	B	C	D
76. Increased pressure to go along with a group or join a gang.....	A	B	C	D
77. Divorced or widowed parent starting to date....	A	B	C	D
78. Failing driver's test.....	A	B	C	D
79. Thinking about harming myself.....	A	B	C	D
80. (For girls only): Finding out you are pregnant.....	A	B	C	D
(For boys only): Finding out you got someone pregnant.....	A	B	C	D
81. Parent remarrying.....	A	B	C	D
82. Death of a grandparent.....	A	B	C	D

(over)

- | | Happened
in the
past year | | Ever
happened | |
|------------------------------------------------------------------------------------------------------------------|---------------------------------|----|------------------|----|
| | Yes | No | Yes | No |
| 83. Having to take over the majority of care
for a young brother/sister..... | A | B | C | D |
| 84. Not doing as well as your parents
expect in school..... | A | B | C | D |
| 85. Other (write and indicate on the answer sheet whether
the event occurred in the last year or prior year): | _____ | | | |

86. Other (write and indicate on the answer sheet whether
the event occurred in the last year or prior year): _____
