The best, most effective way to practice your leadership skills is to identify your strengths and look for ways to utilize them in your daily work.

One of the most common and accessible tools that helps employees examine their talents and offers a common strengths-focused language in the workplace is Gallup’s CliftonStrengths assessment—formerly StrengthsFinder.

There are 34 CliftonStrengths sorted into four domains of strength, which help individuals, teams, and organizations consider the interplay of talents. The domains are:

- **Strategic Thinking**
  - How do you absorb, think about, and analyze information and situations?

- **Executing**
  - How do you make things happen?

- **Influencing**
  - How do you influence others?

- **Relationship Building**
  - How do you build and nurture strong relationships?

People who use their strengths every day are 6x as likely to be engaged on the job. They also have higher job satisfaction and greater productivity.

Once you have identified your strengths and domains, ask yourself the following questions to gain valuable insight into your leadership style and effectiveness:

- What are the unique advantages of my top 5 strengths?

- What positive impact do my strengths have?

- How do others view my strengths in action as a leader?

- How can I maximize my strengths in my work each day?

- When I’m feeling stuck or trapped at work, how can I use my strengths to improve the situation?

**ADDITIONAL TOOLS TO EXAMINE YOUR PEAK PERFORMANCE**

- Emergenetics
- Leadership and Influence Style Indicators
- EQ-i 2.0 Emotional Intelligence Assessment
- 360 Feedback

**Email facdev@unmc.edu for information on coaching.**