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Student Wellness Using a Lifestyle Medicine Approach for Self, Classmates, Patients and Communities

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1

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Poster presented at the 2022 Spotlight on Scholarship at the University of Nebraska Medical Center, Omaha, Nebraska.

Outstanding Presentation Award Honorable Mention

Abstract

Note: A paper based on this project is currently under review for publication. We will update this document to include the abstract and any relevant publication information once that review is complete.

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