

2-2020

## Reaching the Summit: From exposure to immersion in quality improvement in physical therapy education

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### Recommended Citation

Struessel, Tami; Sleddens, Nicole M.; and Jones, Katherine J., "Reaching the Summit: From exposure to immersion in quality improvement in physical therapy education" (2020). *Posters and Presentations: Physical Therapy*. 19.

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### Disclosure

- The speakers have no conflicts to disclose.

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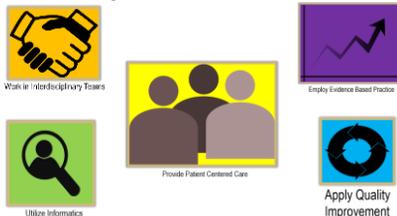
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### IOM Competencies



Institute of Medicine. *Health Professions Education: Bridge to Quality*. Washington, DC: The National Academies Press; 2003; p. 3.




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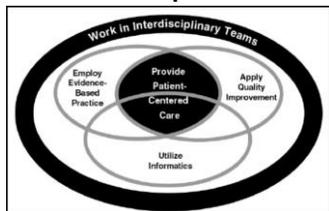
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### Core Competencies



Institute of Medicine. *Health Professions Education: Bridge to Quality*. Washington, DC: The National Academies Press; 2003; p. 46.




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### Work in Interdisciplinary Teams

Institute of Medicine. *Health Professions Education: Bridge to Quality*. Washington, DC: The National Academies Press; 2003.



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### Employ Evidence Based Practice

Institute of Medicine. *Health Professions Education: Bridge to Quality*. Washington, DC: The National Academies Press; 2003.



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### Utilize Informatics

Institute of Medicine. *Health Professions Education: Bridge to Quality*. Washington, DC: The National Academies Press; 2003.



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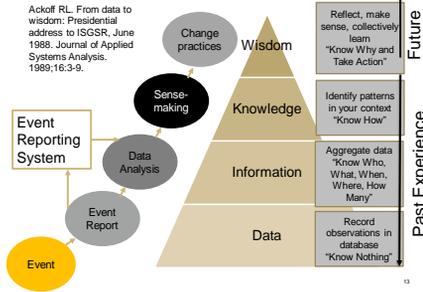
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### DIKW Knowledge Hierarchy




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### Apply Quality Improvement

Institute of Medicine. *Health Professions Education: Bridge to Quality*. Washington, DC: The National Academies Press; 2003.




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### Definitions: QA vs. QI

#### Quality Assurance (QA)

- Benchmark-Maintain
- Accreditation Criteria

#### Quality Improvement (QI)

- Continuous change (No limit)
- Goal of making improvements at the systems level

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### What is Quality?

“The degree to which health services for individuals and populations increase the likelihood of desired health outcomes and are consistent with current professional knowledge.”

Institute of Medicine (IOM). (2001). Crossing the quality chasm: A new health system for the 21st century. Washington, DC: National Academy Press.

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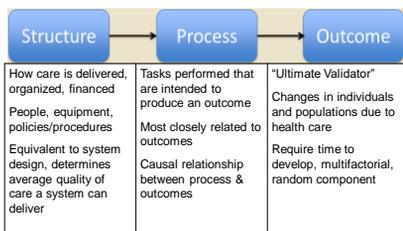
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### Donabedian's Quality Assessment Framework

Donabedian A. An Introduction to Quality Assurance in Health Care. New York: Oxford University Press; 2003.



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## PROFESSIONAL DOCUMENTS AND ACCREDITATION REQUIREMENTS

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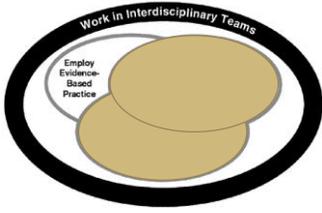
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Institute of Medicine. Health Professions Education: Bridging Quality. Washington, DC: The National Academies Press; 2002. p. 46.

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**WHAT IS HAPPENING IN PT EDUCATION NOW?**

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**Scoping Review**

The objective of this scoping review was to examine the literature on quality improvement in physical therapy education, with the specific objectives of identifying (1) education activities in quality improvement methods in physical therapy curricula, (2) the developmental level of that education using the University of Toronto framework, and (3) the extent of evaluation of that education using Kirkpatrick's framework.

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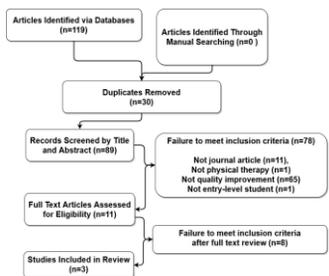
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## Results

1. Meyer KP, Willett G. Are physical therapy clinical instructors teaching the Institute of Medicine core competencies? An exploratory investigation using student perceptions. *J Allied Health*. 2007;36(4):e293-312.
2. Dobson RT, Stevenson K, Busch A, Scott DJ, Henry C, Wall PA. A quality improvement activity to promote interprofessional collaboration among health professions students. *Am J Pharm Educ*. 2009;73(4):64.
3. Shrader S, Thompson A, Gonsalves W. Assessing Student Attitudes as a Result of Participating in an Interprofessional Healthcare Elective Associated with a Student-Run Free Clinic. *J Res Interprof Pract Educ*. 2010;1(3).

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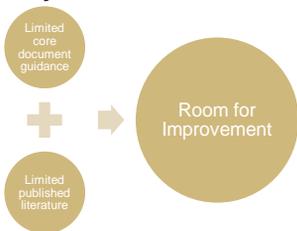
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## Summary




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### Key Educational Models

- Kern's 6 Step Approach to Curriculum Development
- University of Toronto (AKA IPEC) Framework for the Development of Interprofessional Education Values and Core Competencies
- Miller's pyramid and prism of assessment
- Kirkpatrick Four Levels of Learning Evaluation<sup>TM</sup>

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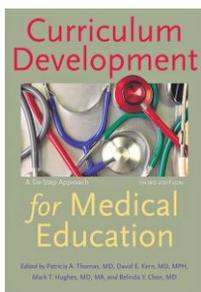
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# Kern's 6 Step Approach to Curriculum Development




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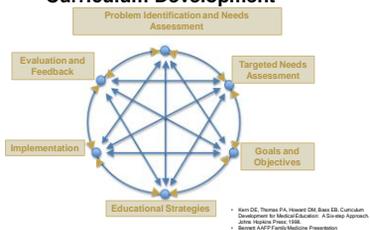
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## Kern's 6 Step Approach to Curriculum Development




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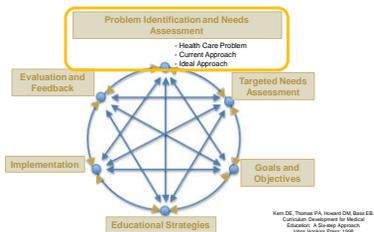
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## Kern's 6 Step Approach to Curriculum Development




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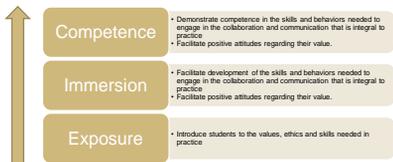
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University of Toronto (AKA IPEC) Framework for the Development of Interprofessional Education Values and Core Competencies




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University of Toronto (AKA IPEC) Framework for the Development of Interprofessional Education Values and Core Competencies




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### University of Toronto (AKA IPEC) Framework for the Development of Interprofessional Education Values and Core Competencies



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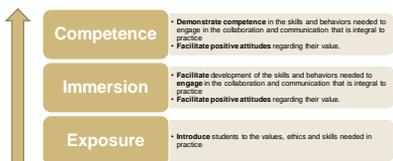
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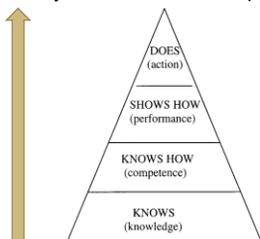
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### Miller's Pyramid of Clinical Competence



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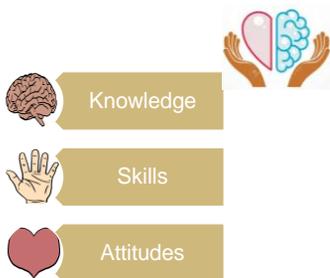
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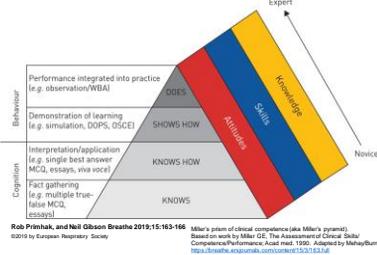
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Miller's pyramid and prism of assessment.



Rob Prinsak, and Neil Gibson *Breathe* 2019;15:163-166 Miller's prism of clinical competence (aka Miller's pyramid).  
 Based on work by Miller GE. The Assessment of Clinical Skills: Competence/Performance. *Acad med.* 1990. Adapted by Mahay/Burns, UK, 2000  
<https://pubs.ascp.net/doi/abs/10.1177/0732183X9001500303>

Physical Therapy School of Medicine University of Colorado Anschutz Medical Campus University of Nebraska Medical Center College of All-Health Professions

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Kirkpatrick Four Levels of Learning Evaluation™



Physical Therapy School of Medicine University of Colorado Anschutz Medical Campus <https://www.kirkpatrickpartners.com/Our-Philosophy/The-Kirkpatrick-Model> University of Nebraska Medical Center College of All-Health Professions

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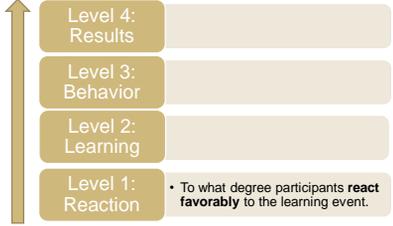
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### Kirkpatrick Four Levels of Learning Evaluation™




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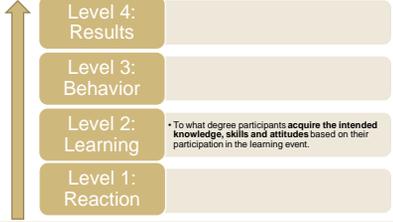
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### Kirkpatrick Four Levels of Learning Evaluation™




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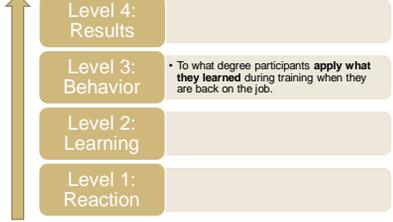
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### Kirkpatrick Four Levels of Learning Evaluation™




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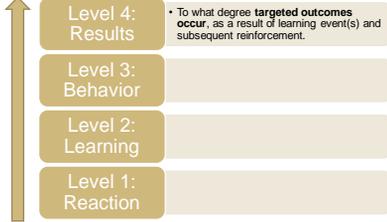
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Kirkpatrick Four Levels of Learning Evaluation™



Level 4: Results • To what degree **targeted outcomes occur**, as a result of learning event(s) and subsequent reinforcement.

Level 3: Behavior

Level 2: Learning

Level 1: Reaction

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Kirkpatrick Four Levels of Learning Evaluation™



Level 4: Results • To what degree **targeted outcomes occur**, as a result of learning event(s) and subsequent reinforcement.

Level 3: Behavior • To what degree participants **apply what they learned** during training when they are back on the job.

Level 2: Learning • To what degree participants **acquire the intended knowledge, skills and attitudes** based on their participation in the learning event.

Level 1: Reaction • To what degree participants **react favorably** to the learning event.

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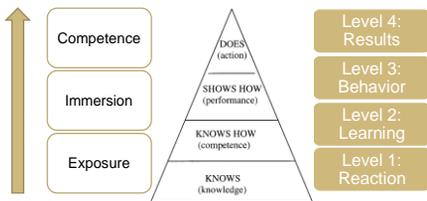
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U.Toronto Miller's Pyr Kirkpatrick



Competence

Immersion

Exposure

DOES (action)

SHOWS HOW (performance)

KNOWS HOW (competence)

KNOWS (knowledge)

Level 4: Results

Level 3: Behavior

Level 2: Learning

Level 1: Reaction

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Key Curricular Models

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**CURRICULUM THREAD FOR  
 IMPLEMENTATION OF  
 QUALITY IMPROVEMENT IN  
 PHYSICAL THERAPY  
 EDUCATION**

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What is "Entry-level" for QI in DPT Education?

Exposure, Immersion or Competence?




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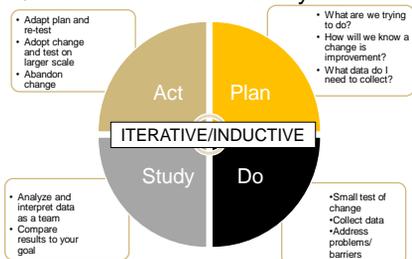
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QI Methods...Plan Do Study Act




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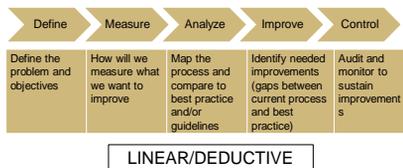
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QI Methods...DMAIC




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### QI Tool...Process Map/Flowchart

Powerful tool for making a process visible

- Compare and contrast actual process to intended process (agree on level of detail; high level vs. detailed)
- Clarifies suppliers of inputs and customers (internal and external)
- Identifies unexpected variation and complexity that may benefit from simplification and standardization
- Identifies areas in which additional data may be needed
- Final map/flowchart creates a shared mental model of the process for team members and can be used in training new team members

Johnson JK, Sollecito WA, McLaughlin & Kaluzny's Continuous Quality Improvement in Health Care, Fifth Edition, Burlington, MA: Jones & Bartlett Learning; 2020.




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### Map/Flowchart Symbols

- Ovals represent structures, information, or action that starts a process
- Rectangles represent tasks/activities in the process; multiple arrows may enter a box but usually only one arrow leaves the box
- Diamonds represent decisions (Yes/No Question) in the process
- Circles with letters or numbers identify a break in the Flowchart, which is continued on the next page
- Arrows illustrate the direction or flow of the process




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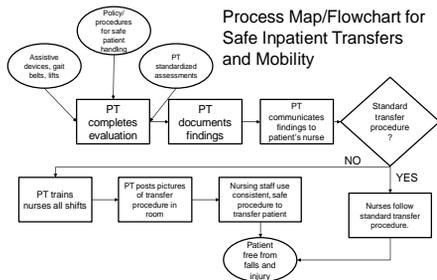
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### Process Map/Flowchart for Safe Inpatient Transfers and Mobility




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SIPOC for Gait Belt Usage in Safe Patient Transfers and Mobility

Supplier	Inputs	Process	Output	Customers
<ul style="list-style-type: none"> <li>• Patient Safety Committee</li> <li>• Central Supply and Laundry</li> </ul>	<ul style="list-style-type: none"> <li>• Policy/procedure for safe patient handling: all clinical staff apply a gait belt to any patient who is not independent in mobility and transfers.</li> <li>• Adequate supply of clean gait belts</li> </ul>	House-keeping ensures a clean gait belt is available on a hook by the head of the bed every time they are in the room.	Gait belts are used in 100% of assisted falls decreasing the likelihood of injury to patients and staff during assisted falls.	<ul style="list-style-type: none"> <li>• Patient and Family</li> <li>• All clinical staff who perform patient transfers</li> <li>• Organization</li> <li>• Healthcare System</li> </ul>

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QI Methods Reflect Clinical Research Process

Clinical Research	Exploratory research methods (e.g. surveys and qualitative methods)	<ul style="list-style-type: none"> <li>• Standardized assessments</li> <li>• Validated tools</li> </ul>	<ul style="list-style-type: none"> <li>• Descriptive statistics</li> <li>• Inferential statistics</li> </ul>	Implementation component of organization innovation: <ul style="list-style-type: none"> <li>• Restructuring</li> <li>• Clarifying</li> <li>• Routinizing</li> </ul>	
	QI Methods	Plan	Do	Study	Act
QI Tools	What are we trying to do? Define the problem & objectives	QI Tools: <ul style="list-style-type: none"> <li>• checklists</li> <li>• process map/ flowchart</li> </ul>	Analyze <ul style="list-style-type: none"> <li>• Root Cause Analysis</li> <li>• Fishbone Diagram</li> </ul>	Improve	Control
				Frequency Chart	Run Chart

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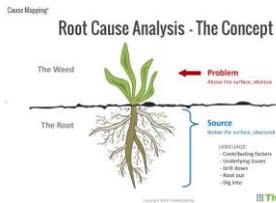
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Root Cause Analysis (RCA)

- Retrospective, structured investigation of adverse events, near misses, Sentinel events (Wald & Shojania, 2001)




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### Root Cause Analysis (RCA)

- Key Processes in RCA toolbox (Battles et al., 2006; Nicolini et al., 2013)
  - Systematic reporting of events w/ action priority based on stratification of risk
  - Structured organization of data with timeline (*what happened*)
  - Group reflection ("*sensemaking conversation*") by those most knowledgeable about situation (*must include front line providers*)
    - Identify root causes using causal statements, fishbone diagram (*why 5x*)
    - What can be done to prevent it from happening again?
    - Design action plan to prevent recurrence with focus on SYSTEM CHANGES AND STRENGTH of potential actions

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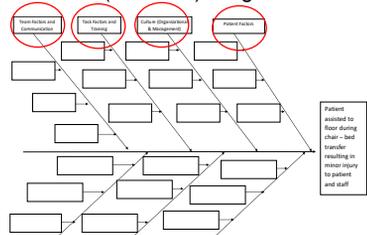
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(Aho, 1998; Nicolini et al., 2011)


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### Fishbone (Ishikawa) Diagram




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### QI Methods Reflect Clinical Research Process

Clinical Research	Exploratory research methods (e.g. surveys and qualitative methods)	Standardized assessments Validated tools	Descriptive statistics Inferential statistics	Implementation component of organization innovation: Restructuring Clarifying Routinizing	
	Plan	Do	Study	Act	
QI Methods	Define	Measure	Analyze	Improve	Control
QI Tools	What are we trying to do? Define the problem & objectives	QI Tools: checklists process map/ flowchart	Root Cause Analysis Fishbone Diagram	Frequency Chart	Run Chart

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Resources for QI Tools

- The Memory Jogger II Healthcare Edition: A Pocket Guide of Tools for Continuous Improvement and Effective Planning.
- The Lean Six Sigma Pocket Toolbook: A Quick Reference Guide to 100 Tools for Improving Quality and Speed.
- Johnson JK, Sollecito WA, McLaughlin & Kaluzny's Continuous Quality Improvement in Health Care. Fifth Edition. Burlington, MA: Jones & Bartlett Learning; 2020.

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Phases

- Early: Faculty teach IOM concepts & QI basics
- Middle: Curricular application of QI Concepts
- Late: Student application

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	Exposure	Immersion	Competence
EARLY	Faculty teach IOM competencies and QI basics		
MIDDLE	Curriculum application of QI concepts in research methods and practice management.		
LATE	Apply QI tools in service learning or clinical education settings		

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Exposure/  
Immersion

### Interprofessional Education RCA

- PT only, or Nursing and PT student teams
- Students read case of "near miss" where Hoyer lift collapsed during lift with multiple contributing factors:
  - ✓ primary language of pt ≠ primary language of PT, bariatric surgery program is brand new and equipment is still on order, nursing student is assigned to the patient, weekend shift PT, weight limit label is worn off and hard to read etc.
- Students in small combined groups perform written RCA based on IHI Model for Improvement

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Exposure/  
Immersion

### Interprofessional Education RCA (could be PT students only)

- Assignment:
  - ✓ Perform a RCA following IHI document "Root Cause Analysis Summary"
  - ✓ Complete a Fishbone diagram to demonstrate the various causes of the Near Miss
  - ✓ Make 5 or more recommendations that could be implemented by the facility.
    - Indicate strength of recommended actions and recommendations addressing latent conditions (vs. active failure)

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Immersion

### Process mapping from patient perspective

- 2<sup>nd</sup> year nursing students followed a patient during a day's work, recorded processes of care from the patient's perspective.
- Created process map from patient perspective.
- Identified aspects of practice that could be improved.
- Outlined quality goals using structure, process, and outcome criteria to describe potential improvements. (Donabedian model)

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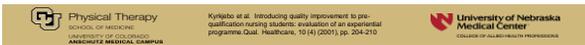
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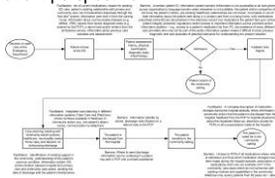
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Immersion

Kyrkjebo et al, Student nurses: Process mapping from patient perspective



Karolinska Institute, Sweden. Example above Johnson et al BMJ Qual Safety 2012

Copyright © BMJ Publishing Group Ltd and the Health Foundation. All rights reserved.



Kyrkjebo et al. Introducing quality improvement to pre-qualification nursing students: evaluation of an experiential programme. Qual. Healthcare, 10 (4) (2005), pp. 204-210




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Immersion

Clinical Education PDSA activity

- Students identify a "problem" during Clinical Education
  - ✓ At individual level and MEANINGFUL to THEM
  - ✓ How to know it's a problem?
    - Practice deviates from known "best practice"
    - Outcomes (of some identified item) have declined from previous




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Immersion

Clinical Education PDSA activity

- Develop a mini-individual (personal) QI project.
  - ✓ Obtain/create data to help form measures (outcome, process, balancing)
- Complete 2 rounds of PDSA
- Reflect and write brief summary of experience
- Submit assignment on Learning Management System (Canvas, Blackboard)
- Examples: Difficulty including standardized outcome measures during evaluations, high personal cancellation rate, inefficiency in documentation etc.




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Immersion/Competence

### Shrader, et al, Interprofessional Elective

#### Caring for the Community

- 2 credit hour elective
- MD, PA, Pharmacist, & PT students
- Eleven weekly 2 – hour lectures
- Interprofessional small group activities
- Patient care at student run free clinic 5 evenings per semester
- Quality improvement project related to student-run clinic
- Patient case presentation

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Immersion/Competence

### QI Methods Reflect Clinical Research

- Teach measurement of validity: predictive values of standardized fall-risk assessments
- Case Study of hospital comparing positive predictive value of three nursing fall risk assessments
- Reviewed records in past year
  - 26 patients fell
  - 37 patients did not fall
- Determined best tool using 2 cut points for each tool
  - John Hopkins Fall Risk Assessment Tool
  - Morse Falls Scale
  - Fall Risk Assessment Scoring System (FRASS)

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### FRASS Cutpoint at 15+ High Risk For Falls

Assessment Results	Did the patient fall?		
	Fall	No Fall	Total
+ Result (FRASS ≥ 15)	a = 17 (true +)	b = 8 (false +)	25
- Result (FRASS < 15)	c = 9 (false -)	d = 29 (true -)	38
	26	37	63

- Sensitivity  $a/a+c$   $17/26 = 65\%$  of fallers had + test ( $\geq 15$ )
- Specificity  $d/d+b$   $29/37 = 78\%$  of nonfallers had – test ( $< 15$ )
- PV+  $a/a+b$   $17/25 = 68\%$  of those with + test ( $\geq 15$ ) fell
- PV-  $d/c+d$   $9/38 = 24\%$  of those with – test ( $< 15$ ) did not fall

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# Application of Key Educational Models to Quality Improvement Curriculum

## WORKSHOP

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### Reminder: Key Curricular Models

- Kern's 6 Step Approach to Curriculum Development
- University of Toronto (AKA IPEC) Framework for the Development of Interprofessional Education Values and Core Competencies
- Kirkpatrick Four Levels of Learning Evaluation<sup>TM</sup>
- Miller's pyramid and prism of assessment

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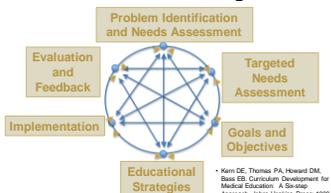
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### Kern's 6 Step Approach to Curriculum Development



• Kern DE, Thomas PA, Howard DM, Bizek SB. Curriculum Development for Medical Education: A Six-step Approach. Johns Hopkins Press; 1996.  
 • Burnett AMFP Family Medicine Presentation

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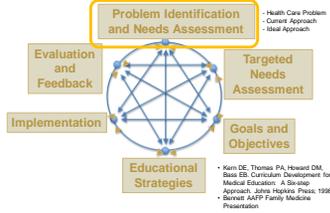
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## Kern's 6 Step Approach to Curriculum Development




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### Needs assessment

- CAPTE criteria
  - ✓ 7D38: Participate in activities for ongoing assessment and improvement of **quality** services.
  - ✓ 7D43 Participate in practice management, including marketing, public relations, regulatory and legal requirements, risk management, staffing, and **continuous quality improvement**



Figure 1-1. Relationship among core competencies for health professionals.

- IOM competencies

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### Activity #1: Problem Identification and Needs Assessment

- Create team...
- Who does the problem impact?
- How important is the problem qualitatively and quantitatively?
- What is the current approach to teaching this content?
- What is the "ideal" approach to teaching this content?
  - ✓ Things you've tried that have been successful w/QI?
  - ✓ Things you've tried with other content that you can apply to QI?
  - ✓ Other examples that we have presented?
  - ✓ Additional research?

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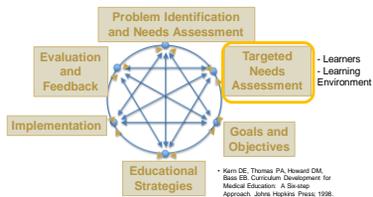
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## Kern's 6 Step Approach to Curriculum Development




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### Activity #2: Targeted Needs Assessment Collecting relevant information...

- Informal Discussion with Faculty and other stakeholders
- Focus groups
- Questionnaires
- Audit of current performance
- Strategic planning session

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### Activity #2: Needs Assessment of Targeted Learners

Learners

Students? Faculty?

- Experiences
- Expectations
- Existing proficiencies (KSA)
- Preferred learning methods

Learning Environment

- Related existing curricula
- Barriers
- Resources
- Inter-professional opportunities
- Clinical Education opportunities
- Pro bono clinic

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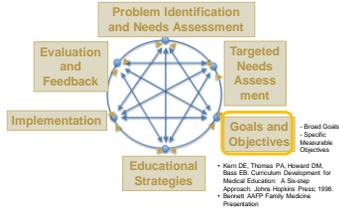
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## Kern's 6 Step Approach to Curriculum Development




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### Activity #3: Goals and Objectives

- Specific & Measurable...5 elements
  - Who will do how much of what by when?
- Objectives for Individual Learner and Program
- Objectives directed towards:
  - 1)Learner (KSA's) 2)Process 3)Outcome

	Learner (KSAs)	Process	Outcome
Individual Learner	Quantify what a student will know, perform, value (KSA) after training	Participate in designated learning activities	Apply QI processes in clinical environment
Program	Quantify what cohort will know, perform, value (KSA) after training	Educate Faculty through specific training	Prepare students to use QI skills in entry-level practice

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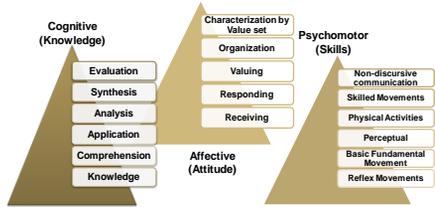
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### Verb Selection




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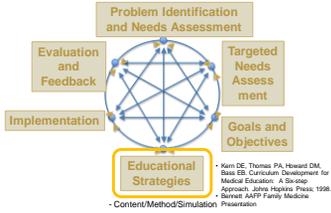
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### Kern's 6 Step Approach to Curriculum Development




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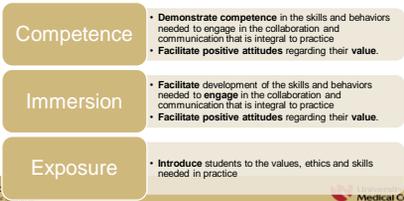
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### University of Toronto (ARA IFEC) Framework for the Development of Interprofessional Education Values and Core Competencies: Keys




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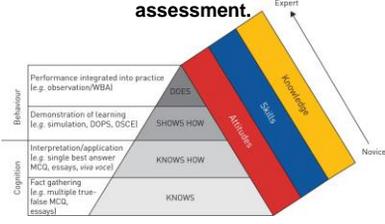
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### Miller's pyramid and prism of assessment.



Rob Primack, and Neil Gibson-Brennan 2016: 15-163-164. Miller's pyramid of clinical competence (aka Miller's pyramid). Based on work by Miller, FK. The Assessment of Clinical Skills. Cambridge University Press. 1990. Adapted by Miller/Primack, UK, 2009. Copyright © Primack, Neil and Gibson, 2016.

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### Activity #4: Educational Strategies

- Where to include?
  - ✓PT only vs. Inter-professional?
  - ✓Potential courses: Research Methods/EBP, Practice Management, Clinical Education
    - *Integrated vs. Standalone?*
  - ✓Classroom, lab, clinical education, service learning, pro bono clinic

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### Activity #4: Educational Strategies

Method	Knowledge	Problem-Solving	Attitudes	Clinical Skills	Non-Clinical Behaviors
Readings	+++	+	+	+	
Lecture	+++	+	+	+	
Discussion	++	++	+++	+	+
Problem-based Learning	++	+++	+		+
Simulation	+	++	++	+++	+
Reflection/Review of Simulation Video	+			+++	+
Real Life Clinical Experience	+	++	++	+++	+++

+ = appropriate in some cases, useful as adjunct to other methods  
 ++ = good match  
 +++ = excellent match

Adapted from: Kern DE, Thomas PA, Huvelar DM, Baker EB. Curriculum Development for Medical Education. A Source Book. p.40. Johns Hopkins Press, 1996.

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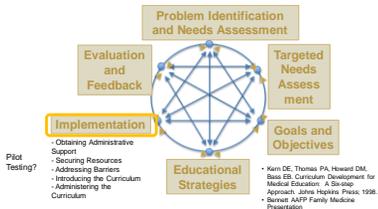
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### Kern's 6 Step Approach to Curriculum Development




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### Kirkpatrick Four Levels of Learning Evaluation™

- Level 4: Results**
  - To what degree targeted outcomes occur, as a result of learning event(s) and subsequent reinforcement.
- Level 3: Behavior**
  - To what degree participants apply what they learned during training when they are back on the job.
- Level 2: Learning**
  - To what degree participants acquire the intended knowledge, skills and attitudes based on their participation in the learning event.
- Level 1: Reaction**
  - To what degree participants react favorably to the learning event.

<https://www.kirkpatrickpartners.com/Our-Philosophy/The-Kirkpatrick-Model>




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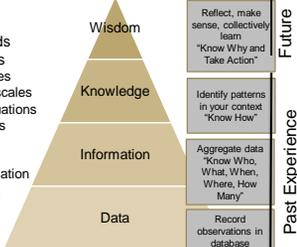
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### Activity #6: Evaluation and Feedback (DIKW Hierarchy)

- Choose Methods and Instruments
  - Questionnaires using rating scales
  - Course evaluations
  - Focus Groups
  - Individual interviews
  - Direct observation
- Data Collection
- Data Analysis



Akoff RL. From data to wisdom. Presidential address to ISDOR, June 1988. Journal of Applied Systems Analysis, 1989; 16:3-6.




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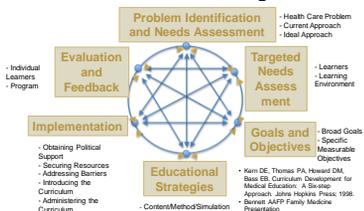
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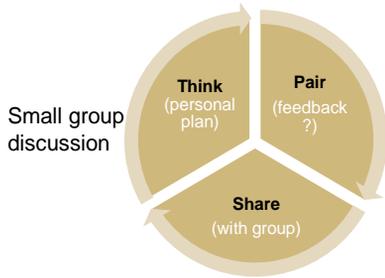
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### In closing:



- Regulation is the floor (QA)
  - ✓ Institution: JCAHO, CARF, State Surveys
  - ✓ PT Program:
    - CAPTE accreditation standards-minimum
- Opportunities for curricular integration, unlimited

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