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Jill Oatman
University of Nebraska Medical Center

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Capstone Research

Developing a rabies prevention program based on rabies exposure data in Nebraska

Jill Oatman

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Abstract

Eighty-nine percent of Nebraska’s towns are considered rural, with populations of less than 3,000 people and with many towns having less than 1,000 residents. Rural areas consist of crop ground, livestock facilities and regions inhabited by wildlife. Nebraska has two large urban cities, Lincoln and Omaha. Animal and human health in these communities can be greatly impacted by infectious diseases that are transmitted between animals and humans, known as zoonotic diseases. One zoonotic disease of great concern is rabies. Zoonotic diseases not only impact the health of animals and humans, but the social well-being of communities and result in increased costs to control and eliminate outbreaks. The risk of transmission of rabies from animal to animal and animal to human is a Public Health concern. Rabies left untreated in humans is fatal. To reduce the risk of human exposure between animals, the public needs to be made aware of the problem and prevention measures that can be taken. This project proposed to the Nebraska Department of Health and Human Services to analyze rabies data to create summary data tables that will be made publicly available. These summaries describe what type that had been collected between 2010 – 2019, and to use these data to create materials that will be used to improve community awareness regarding the extent of the rabies problem and methods of prevention.
Introduction

Population growth around the world has led to animals and humans being forced into closer contact with one another, both in rural settings such as in animal confinement feeding operations, and in large cities as urban sprawl takes away wildlife habitat. New pathogens can affect the wildlife population and with closer proximity and increased contact between humans and animals, pathogens can readily spread through the population (Hasler et al., 2012). As wild animals have more contact with humans and domesticated animals there is a greater risk for the spread of animal to human transmission of disease, known as zoonotic disease. Zoonotic diseases are very common, both in the United States and around the world. Scientists estimate that more than 6 out of every 10 known infectious diseases in people can be spread from animals, and 3 out of every 4 new or emerging infectious diseases in people come from animals (CDC- Zoonotic Diseases, 2017). High zoonotic infection rates and the threat of emerging zoonotic diseases, such as the COVID-19 virus, necessitates increased zoonotic disease surveillance, emergency response, disease control for known and emerging diseases and education of the public regarding zoonotic risks.

Rabies

Rabies is a viral disease and is transmitted through the bite or saliva of a rabid animal. This virus affects the central nervous system of mammals which causes the disease to infect the brain and death follows. Most rabies cases occur in wildlife in species such as bats, skunks, raccoons, and foxes, even though any mammal can get rabies, including humans. Human rabies cases are in the United States, with only 1 to 3 cases reported each year. However, around 59,000 Americans get post-exposure prophylaxis each year to prevent rabies infection after being exposed to an infected or suspected rabid animal. The leading cause of human rabies deaths are
exposures to infected bats. Rabies is preventable using vaccines, pre-exposure prophylaxis, and post-exposure prophylaxis. Pets and livestock can be vaccinated for rabies but nearly all pets and livestock that get rabies, do not have a current vaccination, or have no history of ever receiving a rabies vaccination. In the United States, there is a law requiring all dogs to be vaccinated for rabies. Dogs only make up 1% of rabid animals reported each year in the United States. (Rabies - World Health Organization).

Rabies Prevention

Rabies prevention strategies include making sure pets stay up to date on their rabies vaccinations, keeping pets away from wild animals, spaying or neutering pets to reduce the number of unwanted animals, and calling animal control to remove stray animals from the community.

The rabies virus negatively impacts the health of livestock and their human handlers, as well as impacting the economic well-being of rural communities by the significant expense of controlling disease outbreaks (Mörner et al., 2002). The estimated public health expenditures on rabies disease diagnostics, prevention and control in the United States is $245 to $510 million annually (CDC - Rabies in the U.S.).

It may be difficult to tell if an animal has rabies and laboratory testing is needed to confirm diagnosis. Rabid animals may become very aggressive, try to bite people or another animal, or excessively drool. However, some animals with rabies may act more docile, move slower or show signs of paralysis (Rabies, CDC).

Wildlife act as a reservoir and transfer the virus to domestic animals such as dogs, cats, cattle, and horses which contact and expose humans. Due to the habitat of domestic livestock and wildlife overlapping, the different species may directly or indirectly encounter one another. They
can encounter one another since they share resources such as forage, cover, water, and mineral sources (Heinrich & Peck, 2014).

Wildlife Services has created an Oral Rabies Vaccination Program to prevent the spread of raccoon rabies in the eastern United States and coyote rabies in Texas. This program has been successful in decreasing rabies in wildlife. One method of distribution is baiting an area with plastic packets containing the oral vaccine. The second method is distributing the oral vaccine by air (Wildlife Services, 2011). Nebraska currently does not have an oral vaccine program or any interventions to reduce the spread of rabies in the wildlife population.

**Occupational Exposure**

Veterinarians are at very high risk of contracting rabies due to their work-related contact with animals. Bites and scratches from animals are very common (MN Dept of Health). Even though veterinarians undergo pre-exposure rabies prophylaxis at some point in their career, some do not get their rabies titer checked on a regular basis. This puts them at risk for contracting rabies if exposed to a positive animal (Epp & Waldner, 2012). Pre-exposure rabies prophylaxis is a vaccine regimen given to individuals who are at high risk or have regular contact with potentially rabid animals. This vaccine series protects against unrecognized exposures and is more affordable than the post-exposure prophylaxis treatment (MN Dept of Health).

Another occupation at high risk for exposure to rabies are animal control officers (Rock et al., 2017). Like veterinarians, they have high work-related contact with animals and undergo pre-exposure rabies vaccination regimen. (Mann, 1984). Most animals they handle have an unknown vaccination record. If the animals are presumed to have rabies, animal control officers euthanize the animal and submit the specimen for testing. There are potentially many
occupations that encounter animals purposefully or by accident. More research is needed to identify at-risk occupations to reduce the risk of an occupational rabies exposure.

Nebraska Department of Health and Human Services Rabies Program

Nebraska Department of Health and Human Services issues a Rabies Approval (RA) number for animals involved in a potential human rabies exposure if specific criteria are met by the state’s Rabies Control Program. Examples of criteria include whether a person was bitten, had saliva contact in open wounds or mucous membranes, or were in the same room as a bat and cannot be certain they were bitten. Proximity exposures to bats include if a person was sleeping, intoxicated, or has a mental disability or an unattended child. If a situation qualifies for an RA number, fees for a diagnostic rabies test are paid for by the state. Testing provides rapid evaluation of risk after human exposure to potentially rabid animals. As a result, medical professionals and public health officials can make well-informed decisions and provide recommendations for the exposed person(s) regarding the need for post-exposure prophylaxis (PEP). If the test results of the animal are negative, this allows the person(s) exposed to avoid the costly expense of PEP, which is estimated to total $3,000 (Shwiff et al., 2018). PEP consists of a dose of human rabies immunoglobulin (HRIG). These recommendations are based on a case-to-case basis, the HRIG vaccine regimen can be given on the day of the exposure or delayed until the results of the animal testing are known. If PEP is recommended or the animal tests positive for rabies, HRIG is given and followed by a dose at 3, 7, and 14 days. It is very effective at preventing human rabies when administered appropriately. (Nebraska Rabies Investigation Guideline, 2017).

Rationale for Research
Eighty-nine prevent of Nebraska’s towns are considered rural. These rural populations have less than 3,000 people and many towns have less than 1,000 residents (Nebraska Population, 2020). The rural areas consist of diversified farm ground and animals including wildlife, domestic livestock, and companion animals are in contact leading to increased opportunity for zoonotic exposures, including rabies. Not only do rural areas have exposure to rabies, but urban populations have their own unique rabies encounters as well. Brown bats are commonly found in houses and building structures in urban areas and cause proximity exposure to humans (Bredthauer & Smith, 2004). During late summer and early fall bats exhibit hibernation behavior and enter homes. As a result, more bats are being captured in homes and tested for rabies.

In Nebraska, the primary animal species to have rabies are skunks and bats (Nebraska Rabies Investigation Guideline, 2017). Skunks are highly susceptible to rabies and can harbor the virus for extended periods of time. Dogs, cats, cattle, and horses have been infected with rabies by various wildlife species.

In 2012, NDHHS started collecting detailed data records of animal rabies testing to document all potential human exposures when an RA number was given. Local health departments were asked to document all post-exposure treatment recommendations, regardless of test result. This form and questions are shown in Appendix B.

The risk of transmission of rabies from animal to animal and animal to human in Nebraska is a Public Health concern. To reduce the risk of human exposure and exposure between animals the public needs to be made aware of the scope of the problem and prevention measures that can be taken.
The specific aims of this project are to 1) analyze rabies data collected between 2010-2019 by the NDHHS to create summary data tables that will be made publicly available. These summaries describe what type of animals were tested for rabies, geographic location of the animal(s) being tested, how many tested positive and negative, and how many cases were associated with human contact needing post-exposure prophylaxis (PEP) and 2) using Nebraska rabies data and a literature search, develop enduring materials for NDHHS that will be available as educational materials for Nebraskans at risk for exposure to rabies.

Methods

Aim 1

Database

Training was provided to the author on how to navigate the Nebraska Department of Health and Human Services (NDHHS) rabies database.

Prior to transferring the data to the author, NDHHS de-identified data that were not needed for analysis in this project. The variables that were de-identified and not needed by DHHS regarding this project are listed below.
A database was created in Microsoft Excel to organize and analyze the NDHHS rabies data that had been collected from 2010-2019. The database was modeled after a previous database used to collect NDHHS data. All formulas were checked by the author and the staff at DHHS to ensure accuracy.

Data Analysis.

Data were analyzed in Excel for the following variables:

- Animal to animal exposure
  - Species Involved
- Human to animal exposure

<table>
<thead>
<tr>
<th>Variables Removed to De-Identify</th>
<th>Variables Removed - not needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>PATIENT_FIRST_NAME</td>
<td>RA_NBR_EPI</td>
</tr>
<tr>
<td>PATIENT_MIDDLE_NAME</td>
<td>RA_NBR_MORB</td>
</tr>
<tr>
<td>PATIENT_LAST_NAME</td>
<td>EVENT_DATE_TYPE</td>
</tr>
<tr>
<td>PATIENT DOB</td>
<td>INV_CREATED_BY_UID</td>
</tr>
<tr>
<td>PATIENT_ADDRESS</td>
<td>INV_LAST_UPDATED_BY_UID</td>
</tr>
<tr>
<td>PATIENT_PHONE_HOME</td>
<td>INVESTIGATION_STATUS</td>
</tr>
<tr>
<td>PATIENT_PHONE_WORK</td>
<td>NVESTIGATOR_NAME</td>
</tr>
<tr>
<td>PATIENT_PHONE_CELL</td>
<td>INVESTIGATOR_PHONE</td>
</tr>
<tr>
<td>INV_CASE_STATUS</td>
<td>INVESTIGATOR_ASSIGNED_DT</td>
</tr>
<tr>
<td>NOTIFICATION_STATUS</td>
<td>RA_NBR_INV</td>
</tr>
<tr>
<td>NOTIFICATION_SUBMITTED_BY_NAME</td>
<td>NOTIFICATION_COMMENTS</td>
</tr>
<tr>
<td>NOTIFICATION_SUBMITTED_BY_UID</td>
<td>INV_COMMENTS</td>
</tr>
<tr>
<td>NOTIFICATION_CREATED_DT</td>
<td>Patients_Sex</td>
</tr>
<tr>
<td>NOTIFICATION_SENT_DT</td>
<td>Patients_DOB</td>
</tr>
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<td>EPI_DiscriptionOfIncident</td>
<td>EPI_DiscriptionOfIncident</td>
</tr>
<tr>
<td>EPI_OwnerPhoneNumber</td>
<td>EPI_OwnerPhoneNumber</td>
</tr>
<tr>
<td>EPI_AnimalOwnerAddress</td>
<td>EPI_AnimalOwnerAddress</td>
</tr>
<tr>
<td>EPI_AdditionalNamelnfo</td>
<td>EPI_AdditionalNamelnfo</td>
</tr>
<tr>
<td>ADM_IncidentReporterName</td>
<td>ADM_IncidentReporterName</td>
</tr>
<tr>
<td>ADM_IncidentReporterPhone</td>
<td>ADM_IncidentReporterPhone</td>
</tr>
<tr>
<td>ADM_AddContactName</td>
<td>ADM_AddContactName</td>
</tr>
<tr>
<td>ADM_AddContactPhone</td>
<td>ADM_AddContactPhone</td>
</tr>
<tr>
<td>EPI_human_exp_comments</td>
<td>EPI_human_exp_comments</td>
</tr>
<tr>
<td>patient_general_comments</td>
<td>patient_general_comments</td>
</tr>
<tr>
<td>MORB_RPT_COMMENTS</td>
<td>MORB_RPT_COMMENTS</td>
</tr>
</tbody>
</table>
Variables were quantified in Excel and a summary document was created that will be placed on the NDHHS website for use by the public.

**Analysis of Rabies Positive Cases.**

Each human exposure was investigated further by the species of animal involved. Data were organized into the following categories:

- **Human information**
  - Age
  - Age units
  - Gender
  - City
  - County
  - State
  - Zip code

- **Event information**
  - Investigation jurisdiction
  - Jurisdiction name
- Event data
- Record added by NDHHS
- Report Data
- Year
  - Positive, negative, untestable, or unknown test results
  - Town of incident

- Animal information
  - If animal was captured
  - If animal was euthanized
  - Ownership status
  - If animal was quarantined
  - If animal was retrievable
  - Exposing animal type
  - Rabies vaccine status

- Human to animal exposure
  - Species Involved
  - Wound location
  - Wound type

- Numbers of animals/humans exposed
  - How many were recommended for PEP
  - If the person(s) were immune suppressed

Creation of Rabies Maps.
Maps were created by a DHHS staff member using information from the new database. These maps were revised multiple times to ensure accuracy and legibility.

Aim 2

The author conducted a thorough literature search on the pathology and prevention of rabies. Using the quantified data from Aim 1, and peer reviewed resources, education materials were created on the pathology of the rabies virus, exposure routes, and prevention measures that should be followed.

Results

Aim 1

Analysis of the NDHHS rabies data from 2010 to 2019 found that 11,859 animals were submitted for rabies testing with 311 (2.6%) testing positive (Table 1).

Table 1: Number of animals submitted for rabies tests per year and number positive by species, 2010-2019.

<table>
<thead>
<tr>
<th>Species</th>
<th>N</th>
<th>Median/year (range)</th>
<th>N</th>
<th>(%)</th>
<th>Median/ year (range)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skunk</td>
<td>198</td>
<td>14.5 (9--63)</td>
<td>125</td>
<td>63.1%</td>
<td>7.5 (2-53)</td>
</tr>
<tr>
<td>Bat</td>
<td>7563</td>
<td>690.5 (478-1088)</td>
<td>127</td>
<td>1.7%</td>
<td>13 (6-18)</td>
</tr>
<tr>
<td>Cat</td>
<td>1746</td>
<td>170.5 (146-216)</td>
<td>20</td>
<td>1.1%</td>
<td>1.5 (0-9)</td>
</tr>
<tr>
<td>Dog</td>
<td>1027</td>
<td>109.0 (100-142)</td>
<td>4</td>
<td>0.4%</td>
<td>- (0-1)</td>
</tr>
<tr>
<td>Cattle</td>
<td>379</td>
<td>40 (6-62)</td>
<td>24</td>
<td>6.3%</td>
<td>2 (0-7)</td>
</tr>
<tr>
<td>Raccoon</td>
<td>444</td>
<td>40.5 (22-105)</td>
<td>1</td>
<td>0.2%</td>
<td>- (0-1)</td>
</tr>
<tr>
<td>Horse</td>
<td>113</td>
<td>9.0 (5-34)</td>
<td>7</td>
<td>6.2%</td>
<td>- (0-4)</td>
</tr>
<tr>
<td>Other</td>
<td>389*</td>
<td>39 (29-48)</td>
<td>3**</td>
<td>0.8%</td>
<td>- (0-2)</td>
</tr>
<tr>
<td>Total</td>
<td>11,859</td>
<td>1,134.5 (1001-1545)</td>
<td>311</td>
<td>2.6%</td>
<td>25 (19-90)</td>
</tr>
</tbody>
</table>

**Other species testing positive include a sheep, fox, and llama in 2010, 2012, and 2013 respectively.

Over the ten-year period, bats were the most commonly submitted animal (n= 7,563; 127 (1.7%) positive). Most bats submitted for testing were from counties with large urban
populations. These urban counties included Douglas and Lancaster which had the largest total of positive bats, (n=86 (67.7%). See Figure 1.

Figure 1: Number of bats testing positive for rabies by county (N=127), Nebraska, 2010 – 2019

Skunks were the species with the highest proportion of positive tests (n= 125 (63.1% positive). As seen in Figure 2, 123 of the 125 positive skunks were from non-metro, rural counties in Nebraska. The largest number of positive skunk cases occurred in Sheridan county, followed by Lincoln and Scotts Bluff counties. Compared to bats, skunks and the other animal species submitted were widely distributed throughout the state (Figure 3).
Figure 2: Number of skunks testing positive for rabies by county (N=125), Nebraska, 2010 – 2019.

Figure 3: Number of animals (other than skunks or bats) testing positive by species and county (N=59), Nebraska, 2010 – 2019.
From 2010-2019, 5,264 Rabies Approval numbers were given. Of these, 97 (1.84%) tested positive, 107 (2.03%) were untestable and 5,060 were negative. The potentially exposed individuals corresponding with a negative test were not found at risk for rabies.

Additionally, data were analyzed to determine rabies exposures and recommendations for PEP. This data did not include the year 2010 to 2011. The species submitted for testing include skunks, bats, cats, dogs, cattle, raccoons, horses, llamas, and many more that are represented in Table 4 below. Out of 222 positive animals tested during this time (Table 4), 84 (37.8%) were associated with human exposure which recommended PEP (Table 3). An additional 127 people were recommended PEP by being exposed to 94 animals whose specimens were not testable (Table 2).

Table 2: Count of Rabies Approval (RA) numbers and corresponding animal testing results by year. 2010-2019.

<table>
<thead>
<tr>
<th>Year</th>
<th>N</th>
<th>Positive</th>
<th>Negative</th>
<th>Not testable</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N</td>
<td>N (%)</td>
<td>N (%)</td>
<td>N (%)</td>
</tr>
<tr>
<td>2010</td>
<td>371</td>
<td>12 (3.2)</td>
<td>354 (95.4)</td>
<td>5 (1.35)</td>
</tr>
<tr>
<td>2011</td>
<td>441</td>
<td>11 (2.5)</td>
<td>420 (95.2)</td>
<td>10 (2.3)</td>
</tr>
<tr>
<td>2012</td>
<td>474</td>
<td>13 (2.7)</td>
<td>455 (96.0)</td>
<td>6 (1.27)</td>
</tr>
<tr>
<td>2013</td>
<td>438</td>
<td>10 (2.3)</td>
<td>420 (95.9)</td>
<td>8 (1.8)</td>
</tr>
<tr>
<td>2014</td>
<td>466</td>
<td>8 (1.7)</td>
<td>449 (96.4)</td>
<td>9 (1.9)</td>
</tr>
<tr>
<td>2015</td>
<td>477</td>
<td>9 (1.9)</td>
<td>461 (96.6)</td>
<td>7 (1.5)</td>
</tr>
<tr>
<td>2016</td>
<td>530</td>
<td>12 (2.3)</td>
<td>510 (96.2)</td>
<td>8* (1.5)</td>
</tr>
<tr>
<td>2017</td>
<td>533</td>
<td>6 (1.1)</td>
<td>518 (97.2)</td>
<td>9 (1.7)</td>
</tr>
<tr>
<td>2018</td>
<td>625</td>
<td>11 (1.8)</td>
<td>592 (94.7)</td>
<td>22* (3.5)</td>
</tr>
<tr>
<td>2019</td>
<td>909</td>
<td>5 (0.6)</td>
<td>881 (96.9)</td>
<td>23* (2.5)</td>
</tr>
<tr>
<td>Total</td>
<td>5264</td>
<td>97 (1.9)</td>
<td>5,060 (96.1)</td>
<td>107* (2.0)</td>
</tr>
</tbody>
</table>

*Total “Not testable” represents 104 that were unsuitable specimens and three with indeterminate results (1 each in 2016, 2017, and 2019).
Table 3: Human exposure to animals testing positive with and without Rabies Approval (RA) numbers by year, 2010-2019.

<table>
<thead>
<tr>
<th>Year</th>
<th>No RA n</th>
<th>RA n</th>
<th>Total n</th>
<th>No RA n</th>
<th>RA n</th>
<th>Total N (median per event, range)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>3</td>
<td>10</td>
<td>13</td>
<td>5</td>
<td>14</td>
<td>19 (1, 1-4)</td>
</tr>
<tr>
<td>2013</td>
<td>6</td>
<td>10</td>
<td>16</td>
<td>14</td>
<td>25</td>
<td>39 (2, 1-6)</td>
</tr>
<tr>
<td>2014</td>
<td>3</td>
<td>6</td>
<td>9</td>
<td>11</td>
<td>13</td>
<td>24 (2, 1-9)</td>
</tr>
<tr>
<td>2015</td>
<td>2</td>
<td>8</td>
<td>10</td>
<td>4</td>
<td>17</td>
<td>21 (1.5, 1-5)</td>
</tr>
<tr>
<td>2016</td>
<td>0</td>
<td>10</td>
<td>10</td>
<td>0</td>
<td>25</td>
<td>25 (1, 1-7)</td>
</tr>
<tr>
<td>2017</td>
<td>2</td>
<td>6</td>
<td>8</td>
<td>2</td>
<td>12</td>
<td>14 (1, 1-5)</td>
</tr>
<tr>
<td>2018</td>
<td>1</td>
<td>11</td>
<td>12</td>
<td>1</td>
<td>25</td>
<td>26 (1, 1-6)</td>
</tr>
<tr>
<td>2019</td>
<td>1</td>
<td>5</td>
<td>6</td>
<td>2</td>
<td>7</td>
<td>9 (1.5, 1-2)</td>
</tr>
<tr>
<td>Total</td>
<td>18</td>
<td>66</td>
<td>84</td>
<td>39</td>
<td>138</td>
<td>177</td>
</tr>
</tbody>
</table>

Table 4: Number of animals submitted for rabies testing and number positive by species and year, 2010-2019.

<table>
<thead>
<tr>
<th>Species</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N</td>
<td>Positive N (N</td>
<td>N</td>
<td>Positive N (N</td>
<td>N</td>
</tr>
<tr>
<td>Skunk</td>
<td>36</td>
<td>28* (77.8)</td>
<td>30</td>
<td>17* (56.7)</td>
<td>44</td>
</tr>
<tr>
<td>Bat</td>
<td>658</td>
<td>13* (2.0)</td>
<td>660</td>
<td>10* (1.5)</td>
<td>715</td>
</tr>
<tr>
<td>Cat</td>
<td>216</td>
<td>6 (2.8)</td>
<td>185</td>
<td>2 (1.1)</td>
<td>171</td>
</tr>
<tr>
<td>Dog</td>
<td>105</td>
<td>1 (1.0)</td>
<td>109</td>
<td>0 (0.0)</td>
<td>114</td>
</tr>
<tr>
<td>Cattle</td>
<td>38</td>
<td>4 (10.5)</td>
<td>42</td>
<td>8* (18.2)</td>
<td>40</td>
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<tr>
<td>Horse</td>
<td>12</td>
<td>1 (8.3)</td>
<td>10</td>
<td>4 (40.0)</td>
<td>8</td>
</tr>
<tr>
<td>Other</td>
<td>63</td>
<td>1*** (1.6)</td>
<td>88</td>
<td>0 (0.0)</td>
<td>73</td>
</tr>
<tr>
<td>Total</td>
<td>1,128</td>
<td>54 (4.8)</td>
<td>1,124</td>
<td>35 (3.1)</td>
<td>1,165</td>
</tr>
</tbody>
</table>

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<thead>
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<th>Species</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N</td>
<td>Positive N (N</td>
<td>N</td>
<td>Positive N (N</td>
<td>N</td>
</tr>
<tr>
<td>Skunk</td>
<td>16</td>
<td>8** (50.0)</td>
<td>11</td>
<td>4 (36.4)</td>
<td>10</td>
</tr>
<tr>
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<td>609</td>
<td>16 (2.6)</td>
<td>765</td>
<td>14 (1.8)</td>
<td>739</td>
</tr>
<tr>
<td>Cat</td>
<td>188</td>
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<td>146</td>
<td>0 (0.0)</td>
<td>166</td>
</tr>
<tr>
<td>Dog</td>
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<td>1 (0.9)</td>
<td>100</td>
<td>0 (0.0)</td>
<td>105</td>
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<td>Cattle</td>
<td>36</td>
<td>2 (5.6)</td>
<td>40</td>
<td>1 (2.5)</td>
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<td>Horse</td>
<td>6</td>
<td>0 (0.0)</td>
<td>8</td>
<td>0 (0.0)</td>
<td>6</td>
</tr>
<tr>
<td>Other</td>
<td>98</td>
<td>0 (0.0)</td>
<td>71</td>
<td>0 (0.0)</td>
<td>80</td>
</tr>
<tr>
<td>Total</td>
<td>1,068</td>
<td>28 (2.6)</td>
<td>1,141</td>
<td>19 (1.7)</td>
<td>1,150</td>
</tr>
</tbody>
</table>
Rabies tests performed at laboratories other than Kansas State University Rabies Laboratory (KSU RL) or the University of Nebraska-Lincoln Veterinary Diagnostic Center (during 2015-2019) were only reported if positive as follows: 11 skunks; 2010, 1 bat, 1 skunk; 2011, 1 bat, 1 skunk; 2012, 5 skunks, 1 cat, 1 bovine; 2013, 2 bovines, 4 skunks; 2014, 2 skunks.

***Other species testing positive 1 sheep (2010); 1 fox (2012); 1 raccoon (2012); 1 llama (2013).

Results – Analysis of PEP Data

Additionally, data were analyzed to determine recommendations for PEP. This data did not include the year 2010 and 2011. The species submitted for testing includes skunks, bats, cats, dogs, cattle, raccoons, horses, llamas, and many more. Vaccination status of eligible animals are shown and option of quarantine of suspected animal are given. A summary of the results is shown below.

Bats
- 4,943 cases
  - 350 bites
    - 36 on the hand
    - 7 below the ankle
    - 5 in the trunk
    - 3 head
    - 298 not recorded or unknown
  - 6 abrasions
  - 4,460 Proximity

Cats
- 1,247 cases
  - 388 were owned
    - 183 euthanized
    - 129 quarantined, 257 were not quarantined
    - 335 involved the person getting bit
  - 760 were unknown or strays
    - 542 were euthanized
    - 115 were not captured
    - 166 were quarantined, 673 were not
  - 1,155 had an unknown or not UTD rabies vaccination
    - 82 cases had PEP recommendations
49 were UTD on rabies vaccination
- 0 cases had PEP recommendations

Dogs
• 1,275 cases
  o 965 were owned
    - 385 were quarantined, 591 were not quarantined
    - 312 were UTD on rabies vax
    - 631 had unknown or not UTD rabies vaccination
      - 10 tested positive, 6 were unsuitable
  o 305 were unknown or strays
    - 24 were quarantined, 278 were not quarantined
    - 274 had an unknown or not UTD rabies vaccination, 4 were UTD
    - 37 cases had PEP recommendations

Cattle
• 260 cases
  o 253 involve saliva as the wound type
    - 14 of those had hand as the wound location
    - 36 were positive
    - 6 unsuitable

Horses
• 55 cases
  o 6 positives
    - 5 animals were owned
    - None were quarantined
    - All had saliva as the wound type
  o 3 unsuitable
    - All animal owned
    - None were quarantined
    - All had saliva as the wound type
    - All positive and unsuitable cases were recommended PEP
  o 45 negatives
    - 3 had unknown ownership
    - 2 were quarantined
    - 43 had saliva as the wound type, 1 was a bite

Skunk
• 11 cases
  o 6 were positive, 1 unsuitable
    - 6 saliva exposures, 1 Scratch/bite
    - 4 cases PEP was recommended
Raccoon
• 137 cases
  o 122 negatives, 3 unsuitable
    ▪ 31 had saliva as the wound type
    ▪ 75 involved bite wounds
  o 22 unknown test result
  o 3 animals were owned

Squirrel
• 45 cases
  o 31 negative, 1 unsuitable
    ▪ 32 involved bite wounds
      • 23 bite wounds on hand/arm/finger
    ▪ All had low to no risk exposure and PEP was not recommended

Goat
• 21 cases
  o All negative, all owned
    ▪ 1 animal was quarantined
    ▪ 19 had saliva as the wound location

Opossum
• 18 cases
  o 9 negatives
  o 8 were not retrievable
  • 15 recorded bites, 1 abrasion
    o 6 bites were location on the hand

All the species listed below had 10 or fewer cases.

Woodchuck
• 6 cases
  o None were quarantined.
  o 3 tested negative
  o 3 animals were not retrievable
    ▪ 1 case recommended PEP

Coyote
• 4 cases
  o All negative
  o All involved bite wounds

Mouse
• 3 cases
  o All negative
  o All involved bite wounds
Rat
- 9 cases
  - 7 negatives, 2 unknowns
  - All involved bite wounds
    - 8 wound locations were on the hand/finger
    - 5 in Lincoln, NE

Prairie Dog
- 2 cases
  - Animals were not retrievable
    - 1 case recommended PEP

Vole
- 4 cases
  - All negative
  - All bite wounds
    - 3 located on the hand
    - 2 from Lincoln, NE

Fox
- 4 cases
  - All negative
  - All bite wound on the hand or arm

Ferret
- 2 cases
  - 1 negative
  - 1 quarantined
  - Both animals were owned

Llama
- 2 cases
  - 1 animal tested positive
  - Both were owned
  - Both PEP was recommended
  - Both involved saliva exposure

Rabbit
- 3 cases
  - None were tested for rabies, just recorded in the system
  - All owned
  - 2 were quarantined
  - No PEP was recommended

Hamster
- 1 case
Aim 2

Educational materials were created to help NDHHS inform the public about the rabies virus. Infographics and News Releases were developed, reviewed, and approved by NDHHS. Topics include rabies prevention, recognition of clinical signs, and protection measures for humans and animals from rabies. Infographic 2 and News Release 1 focus on bats. Bats were found as the most prevalent positive species in urban counties, although there are positive bats found throughout the state. News Release 2 focuses on rabid skunk awareness since this species has the highest proportion of positive tests.

Infographics and images were created using the software program Canva. Each News Release is one page of information for the purpose of being released to the public. Resources used to make the products are stated in the correlated infographic, image, and news release. All products were created by the author and revised by NDHHS staff and the committee members of this project.

A complete project report was prepared and submitted to NDHHS (see Appendix A). The infographics, images and news releases created for this project cover a variety of topics related to the rabies virus and prevention methods.
Infographic 1 focuses on how to prevent rabies and gives basic information on rabies.

Infographic 2 focuses on methods to keep bats out of your home.
Image 1 describes the clinical signs of rabies in wildlife, livestock, and companion animals.

Image 2 relates to the Nebraska Statute stating all domestic animals must be vaccinated for rabies. The household pets required for rabies vaccination under this law are stated in the image and information on how your animal can receive a vaccination for rabies.
Image 3 is about protecting your pet from rabies. These steps are crucial to stop the spread of rabies in animal species but also prevent potential exposure to humans.

Lastly, Image 4 gives methods on how to protect people from rabies.

News Release 1 focuses on bats since they were found as the most prevalent positive species in urban counties, although there are positive bats found throughout the state. The best time, as stated in the header of the release, would be in the late summer or early fall when bats start coming into homes. This would inform the public of the increased risk of a potential exposure to rabies since bats are exhibiting hibernating behaviors.
News Release 1– Bats

Uninvited guests roosting in your home?

Bats often enter homes in late summer and early fall due to their hibernation behavior. This is a problem for urban and metro-areas since some species of bats live in buildings. There is no reason to evict them if there is little chance for them to have contact with people. If there is a risk for human contact, bats must be relocated because they can carry rabies.

Rabies is a fatal virus that affects the central nervous system and is transferred by the saliva of an infected animal through a bite, scratch, existing wounds or contact with mucous membranes. Bats are the leading cause of human rabies. Since bat’s teeth are so tiny and sharp, it is hard to identify a bite unless witnessed. It is important to get these bats tested if there is potential, they have encountered humans or pets. Contact your medical professional or public health official if you have been in contact with a bat for immediate testing.

Rabies in humans is rare in the United States, with only one or two human cases per year. This is due to people successfully being protected from developing rabies by being vaccinated after exposure to a positive animal. During 2019, in Nebraska, 18 of 1,088 bats submitted (1.7%) were positive for rabies. In the ten-year period of 2010 to 2019, 127 bats tested positive for rabies. Douglas and Lancaster county had the largest total of positive bats, 86 out of 127 (67.7%).

You can find out more information about rabies in Nebraska by visiting their website http://dhhs.ne.gov/Pages/Rabies-Data.aspx.


Steps to capture a bat in your house for release or to have rabies testing performed https://www.cdc.gov/rabies/bats/contact/capture.html

Rabies is more common in other countries including areas of Africa, Asia, and Central and South America. Talk to your doctor about your travel plans. More information is available at https://wwwnc.cdc.gov/travel/diseases/rabies
News Release 2 focuses on rabid skunk awareness since this species has the highest proportion of positive tests. Formatting and structure for these News Release’s was based on information about writing press releases from the Huff Post (Cutler, 2013).

News Release 2 – Skunks

*For release in the spring when skunks have young and come out from hibernation.

**Skunks are on the move**

Skunks are mainly active at night but, this time of year they are out during the day with their offspring and looking for food. To prevent unnecessary encounters with skunks, remove attractants around your home. This includes securing trash, covering window wells, and feeding pets indoors. If pets are fed outdoors, remove food immediately after they are done eating. Skunks like convenient denning sites such as wood and rock piles, elevated sheds, openings under concrete slabs and porches and crawl spaces. Skunks are one of the primary carriers of rabies and have been known to also carry leptospirosis. Do not be concerned if you see an adult skunk during the day, unless they are showing these abnormal behaviors:

- Limb paralysis
- Circling
- Boldness or unprovoked aggression
- Disorientation, staggering
- Uncharacteristic tameness

Do not approach the skunk yourself. Call your local animal control officer, wildlife rehabilitator, health department, or police department for assistance.

According to the Nebraska Department of Health and Human Services, skunks represent the species with the highest proportion of positive tests. Of 198 submitted, 125 were positive (63.1%) from 2010 to 2019. 123 out of the 125 positive skunks were from non-metro, rural counties in Nebraska. The largest number of these positive skunk cases occurred in Sheridan county, followed by Lincoln and Scotts Bluff counties.

You can find out more information about rabies in Nebraska by visiting their website [http://dhhs.ne.gov/Pages/Rabies-Data.aspx](http://dhhs.ne.gov/Pages/Rabies-Data.aspx).

Resources for this article were provided by the Humane Society of the United States and data collected from the Nebraska Department of Health and Human Services.
Discussion

Because a large portion of Nebraska consists of rural communities with farm ground and animals including wildlife, domestic livestock, and companion animals, zoonotic diseases an ever-present risk. However, as shown in the research urban communities have their own risk for rabies exposure due to bat behaviors. Animal and human health are greatly impacted by zoonotic diseases with one of the greatest risks to health being the rabies virus. This study validated that most positive Nebraska rabies cases occur in the wildlife species bats and skunks. Skunks are highly susceptible to rabies and can harbor the virus for extended periods of time. In Nebraska, skunks have the highest proportion of positive tests. Even though there’s only a few human exposure cases related to skunks, education is needed to identify signs and methods to prevent the spread of the virus.

This study demonstrated that the largest number of bats submitted for testing were in the States two largest cities Lincoln and Omaha. Brown bats are commonly found in houses and building structures in these urban areas and cause proximity exposure to humans. Rabid bats are a reservoir of rabies and transmission can occur from minor or unrecognizable bites. The leading cause of human rabies deaths are exposures to infected bats. Rabies is preventable by using vaccines, pre-exposure prophylaxis, and post-exposure prophylaxis.

Skunks were the species with the highest proportion of positive tests in Nebraska. Of the skunks submitted for testing 123 of the 125 were from non-metro, rural counties in Nebraska. The largest number of positive skunk cases occurred in Sheridan county, followed by Lincoln and Scotts Bluff counties. Compared to bats, skunks and the other animal species submitted, were widely distributed throughout the state.
One method of controlling rabies is proper vaccination of domestic animals and quarantining animals suspected of rabies (Woldehiwet, 2002). Quarantining involves isolating an animal for 10 days and observing for any signs of rabies. By doing this, it would save a negative animals life. Based on the results of the exposure data, 1,155 cats and 905 dogs would still be alive if the animal had an up-to-date rabies vaccination.

Enduring materials were created for NDHHS on rabies prevention, bat proofing, signs of rabies, and protection of pets and humans from rabies exposure. These flyers, press releases and data sets will all serve to educate and ultimately protect Nebraskans from rabies exposures.

Additionally, NDHHS received a complete report on the findings of this research as shown in Appendix A. To address the need for public education on the risks association with bats, press releases were created for use by NDHHS.

Limitations

Limitations of this project include having to work remotely due to COVID-19 restrictions. I did not have access to a state issued computer so, all data had to be de-identified before I could analyze it. By de-identifying the data, I was restricted to only using the quantitative data through the form shown in Appendix B.

Another limitation is the lack of research about occupational exposures, other than veterinarians. A limited number studies briefly mentioned the exposures of animal control officers, but other occupations were not mentioned.

Recommendations

The rabies exposure form for Nebraska does not include a question regarding the occupation or industry of the person exposed. Adding a question about occupation would find
any occupational exposures and supply more information about how people are encountering potentially rabid animals.

Currently Nebraska does not have an oral vaccination program to help control the spread of rabies in wildlife. Adopting a program like this from Wildlife Services could benefit the state by decreasing the spread of rabies.

**Conclusion**

This study validated that most positive Nebraska rabies cases occur in the wildlife species bats and skunks. The risk of transmission of rabies from animal to animal and animal to human in Nebraska is a Public Health concern. To reduce the risk of human exposure and exposure between animals the public needs to be made aware of the scope of the problem and prevention measures that can be taken. Enduring materials were created for NHHS on rabies prevention, bat proofing, signs of rabies, and protection of pets and humans from rabies exposure. These flyers, press releases and data sets will all serve to educate and ultimately protect Nebraskans from rabies exposures.
Cited Literature


Nebraska Department of Health and Human Services. 2017. Nebraska Rabies Investigation Guideline. Available at:


Rabies – Epidemiology and burden of disease. World Health Organization.  

Rabies in the U.S. Public Health Importance of Rabies. Centers for Disease Control.  

Rabies Pre-Exposure Prophylaxis Regimen. Minnesota Department of Health.  


Appendix A

Nebraska Department of Health and Human Services Report Updated by Jill Oatman

**Rabies in Nebraska, 2010 – 2019**

**Background Information**

With few exceptions, rabies occurs worldwide. The World Health Organization estimates that up to 59,000 human deaths occur annually, mostly in rural areas of Africa and Asia. In the United States, the number of human deaths attributed to rabies has declined from 100 or more each year in the early 1900s to just one or two cases per year. Two programs have contributed to this substantial reduction. Animal control and vaccination programs started during the 1940s and more recent oral rabies vaccination programs have eliminated domestic dogs as reservoirs of rabies in the United States. Also, effective human rabies vaccines and immunoglobulins have been developed; modern day post-exposure prophylaxis (PEP) has proven nearly 100% successful. From 2009 to 2018, 25 cases of human rabies were recorded in the United States. On the basis of historic records at the Nebraska Department of Health and Human Services (NDHHS), the last reported human case of rabies in Nebraska likely occurred in the 1920s. Wild mesocarnivores (e.g. raccoons, skunks, and foxes) are important rabies reservoir species among which skunks are most often found to be infected with the virus in Nebraska. In contrast to eastern US states, raccoons in Nebraska are rarely infected with rabies. Rabid bats are increasingly implicated as an important wildlife reservoir of rabies in Nebraska; transmission can occur from minor, underappreciated or unrecognized bites. Given ongoing presence of this disease in reservoir species, rabies remains a potentially serious threat to public health in Nebraska.

**Summary 2019**

During 2019, a total of 1,545 animals in Nebraska were submitted for testing (Table 1); 21 (1.4%)were positive including 18 bats (1.7%), and 3 skunks (25.0%). These animals originated from 10 of Nebraska’s 93 counties; Figure 1 depicts the geographic distribution of 2019 cases by species. Among all positive cases in 2019, 23.8% (5/21) were associated with human contact necessitating PEP. A report listing the current year-to-date positive cases and a menu of links to data from previous years are available on the NDHHS website at the following URL: [http://dhhs.ne.gov/Pages/Rabies-Data.aspx](http://dhhs.ne.gov/Pages/Rabies-Data.aspx).
Table 1: Number of animals submitted for rabies testing and number positive by species, 2019.

<table>
<thead>
<tr>
<th>Species</th>
<th>Total submitted n (%)</th>
<th>Positive n (% of species total)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bat</td>
<td>1088</td>
<td>18</td>
</tr>
<tr>
<td>Cat</td>
<td>170</td>
<td>0</td>
</tr>
<tr>
<td>Dog</td>
<td>121</td>
<td>0</td>
</tr>
<tr>
<td>Cattle</td>
<td>42</td>
<td>0</td>
</tr>
<tr>
<td>Raccoon</td>
<td>51</td>
<td>0</td>
</tr>
<tr>
<td>Horse</td>
<td>13</td>
<td>0</td>
</tr>
<tr>
<td>Skunk</td>
<td>12</td>
<td>3</td>
</tr>
<tr>
<td>Other*</td>
<td>48</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1545</strong></td>
<td><strong>21</strong></td>
</tr>
</tbody>
</table>

*Other includes badger (1), caprine (5), cervid (1), fox (3), llama (1), opossum (4), ovine (2), rodent (7), squirrel (18), woodchuck (3), and three unknown.

The Nebraska Department of Health and Human Services issues a Rabies Approval (RA) number for testing of animals involved in potential human rabies exposures if criteria as specified by the state’s Rabies Control Program are met. Examples include persons who were bitten, had saliva contact in open wounds or mucus membranes, or were in the same room with a bat and cannot be certain that they were not bitten (e.g., sleeping person, unattended child, intoxicated person or individual who has a mental disability). Fees for tests which qualify for an RA number are paid by the Program. This targeted testing provides rapid evaluation of risk after human exposure to potentially rabid animals. On the basis of timely results, medical professionals and public health officials are then able to make well-informed decisions and provide recommendations for the exposed person(s) regarding need for post-exposure prophylaxis which is extremely effective at preventing human rabies when administered appropriately.

When test results are negative, such findings allow exposed persons to avoid expensive and time-intensive PEP. During 2019, the Nebraska Rabies Control Program issued RA numbers for 909 tests which were associated with documented potential human exposure events. Of these, 5 (0.6%), 22 (2.4%), and one (0.1%) were positive, unsuitable, and indeterminate, respectively; PEP was required among exposed persons in all instances. The remaining 96.9% (881/909) of 2019 exposure events were associated with negative tests. Among these, PEP was avoided in a total of 903 exposed persons (median number of persons/event, 1; range [1–10]).
During 2010–2019, 11,859 animals from Nebraska were submitted for rabies testing of which 311 (2.6%) were positive (Table 2). Over this 10-year period, bats were the most commonly submitted animal. Of 7,563 bats submitted for testing, 127 (1.7%) tested positive. The majority of bats testing positive were from counties with larger urban population (Figure 2). Skunks represented the species with the highest proportion of positive tests. Of 198 submitted, 125 were positive (63.1%). Compared to bats, the locations of skunks and other animals that tested positive were more widely distributed throughout the state (Figures 3 and 4). Please refer to Table 5 for total numbers of tests submitted and positive results, by species, for each year, from 2010 through 2019.
Table 2: Number of animals submitted for rabies tests and number positive by species, 2010-2019.

<table>
<thead>
<tr>
<th>Species</th>
<th>N</th>
<th>Median/year (range)</th>
<th>Median/ year (range)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Totals</td>
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<td></td>
</tr>
<tr>
<td>Positives</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Species</th>
<th>N</th>
<th>Median/year (range)</th>
<th>Median/ year (range)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skunk</td>
<td>198</td>
<td>14.5 (9--63)</td>
<td>125 (63.1%)</td>
</tr>
<tr>
<td>Bat</td>
<td>7563</td>
<td>690.5 (478-1088)</td>
<td>127 (1.7%)</td>
</tr>
<tr>
<td>Cat</td>
<td>1746</td>
<td>170.5 (146-216)</td>
<td>20 (1.1%)</td>
</tr>
<tr>
<td>Dog</td>
<td>1027</td>
<td>109.0 (100-142)</td>
<td>4 (0.4%)</td>
</tr>
<tr>
<td>Cattle</td>
<td>379</td>
<td>40 (6-62)</td>
<td>24 (6.3%)</td>
</tr>
<tr>
<td>Raccoon</td>
<td>444</td>
<td>40.5 (22-105)</td>
<td>1 (0.2%)</td>
</tr>
<tr>
<td>Horse</td>
<td>113</td>
<td>9.0 (5-34)</td>
<td>7 (6.2%)</td>
</tr>
<tr>
<td>Other</td>
<td>389*</td>
<td>39 (29-48)</td>
<td>3** (0.8%)</td>
</tr>
<tr>
<td>Total</td>
<td>11,859</td>
<td>1,134.5 (1001-1545)</td>
<td>311 (2.6%)</td>
</tr>
</tbody>
</table>

**Other species testing positive include a sheep, fox, and llama in 2010, 2012, and 2013 respectively.

During 2010–2019, NDHHS issued a total of 5,264 Rabies Approval numbers (median/year, 475.5; range 371–909) (Table 3). Of these, 97 (1.84%) were positive (median/year, 11; range 5–13 [0.55–2.7%]), 107 (2.03%) were unsuitable (median/ year, 8.5; range 5–23 [1.3–2.5%]), and 5,060 (96.1%) were negative (median/ year, 458; range 354-881 [94.7%–97.2%]). Among the exposure events with a corresponding negative test, all potentially exposed individuals were thus found not at risk for rabies. Therefore, each of the exposed persons could confidently avoid costly post-exposure prophylaxis as a direct result of State-funded rapid testing, corresponding timely reporting of the negative results, and evidence based public health recommendations.

Table 3: Count of Rabies Approval (RA) numbers and corresponding animal testing results by year. 2010-2019.

<table>
<thead>
<tr>
<th>Year</th>
<th>N</th>
<th>Positive</th>
<th>Negative</th>
<th>Not testable</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>371</td>
<td>12 (3.2)</td>
<td>354 (95.4)</td>
<td>5 (1.35)</td>
</tr>
<tr>
<td>2011</td>
<td>441</td>
<td>11 (2.5)</td>
<td>420 (95.2)</td>
<td>10 (2.3)</td>
</tr>
<tr>
<td>2012</td>
<td>474</td>
<td>13 (2.7)</td>
<td>455 (96.0)</td>
<td>6 (1.27)</td>
</tr>
<tr>
<td>2013</td>
<td>438</td>
<td>10 (2.3)</td>
<td>420 (95.9)</td>
<td>8 (1.8)</td>
</tr>
<tr>
<td>2014</td>
<td>466</td>
<td>8 (1.7)</td>
<td>449 (96.4)</td>
<td>9 (1.9)</td>
</tr>
<tr>
<td>2015</td>
<td>477</td>
<td>9 (1.9)</td>
<td>461 (96.6)</td>
<td>7 (1.5)</td>
</tr>
<tr>
<td>2016</td>
<td>530</td>
<td>12 (2.3)</td>
<td>510 (96.2)</td>
<td>8* (1.5)</td>
</tr>
<tr>
<td>2017</td>
<td>533</td>
<td>6 (1.1)</td>
<td>518 (97.2)</td>
<td>9 (1.7)</td>
</tr>
<tr>
<td>2018</td>
<td>625</td>
<td>11 (1.8)</td>
<td>592 (94.7)</td>
<td>22* (3.5)</td>
</tr>
<tr>
<td>2019</td>
<td>909</td>
<td>5 (0.6)</td>
<td>881 (96.9)</td>
<td>23* (2.5)</td>
</tr>
<tr>
<td>Total</td>
<td>5264</td>
<td>97 (1.9)</td>
<td>5,060 (96.1)</td>
<td>107* (2.0)</td>
</tr>
</tbody>
</table>
Human Exposure and Treatment

2012 – 2019

Beginning in 2012, NDHHS began collecting detailed records in advance of animal rabies testing to document all potential human exposures when an RA number was issued. Regardless of test result, local health department staff are then asked to document the post-exposure treatment recommendations which are provided to the exposed person(s) in each event. During 2012–2019, an annual median of 503.5 RA numbers were assigned (range, 371–909). Of 222 total animals with positive results in this time period, 84 (37.8%) were associated with human exposure thus necessitating PEP. Of these, 66 had been reported in advance of the test results to the Nebraska Rabies Control Program and had been assigned RA numbers (Table 4). Overall, post-exposure prophylaxis was recommended to 177 persons on the basis of positive tests; median number of exposed persons requiring PEP per positive test was 1 (range, 1–9). Also, during 2012–2019, PEP recommendations were documented among an additional 127 persons exposed to 91 animals whose specimens were unsuitable for testing and 3 additional animals that were indeterminate and thus exposure could not be ruled out.

Table 4: Human exposure to animals testing positive with and without Rabies Approval (RA) numbers by year. 2010-2019.

<table>
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<tr>
<th>Year</th>
<th>No RA n</th>
<th>RA n</th>
<th>Total n</th>
<th>No RA n</th>
<th>RA n</th>
<th>Total N (median per event, range)</th>
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</thead>
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<td>10</td>
<td>13</td>
<td>5</td>
<td>14</td>
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<td>2013</td>
<td>6</td>
<td>10</td>
<td>16</td>
<td>14</td>
<td>25</td>
<td>39 (2, 1-6)</td>
</tr>
<tr>
<td>2014</td>
<td>3</td>
<td>6</td>
<td>9</td>
<td>11</td>
<td>13</td>
<td>24 (2, 1-9)</td>
</tr>
<tr>
<td>2015</td>
<td>2</td>
<td>8</td>
<td>10</td>
<td>4</td>
<td>17</td>
<td>21 (1.5, 1-5)</td>
</tr>
<tr>
<td>2016</td>
<td>0</td>
<td>10</td>
<td>10</td>
<td>0</td>
<td>25</td>
<td>25 (1, 1-7)</td>
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<tr>
<td>2017</td>
<td>2</td>
<td>6</td>
<td>8</td>
<td>2</td>
<td>12</td>
<td>14 (1, 1-5)</td>
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<td>2018</td>
<td>1</td>
<td>11</td>
<td>12</td>
<td>1</td>
<td>25</td>
<td>26 (1, 1-6)</td>
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<tr>
<td>2019</td>
<td>1</td>
<td>5</td>
<td>6</td>
<td>2</td>
<td>7</td>
<td>9 (1.5, 1-2)</td>
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<tr>
<td>Total</td>
<td>18</td>
<td>66</td>
<td>84</td>
<td>39</td>
<td>138</td>
<td>177</td>
</tr>
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</table>

Wildlife

Skunks and bats remain the two primary wildlife reservoirs for the rabies virus in Nebraska. During 2019, three of 12 skunks tested (25%) were positive for rabies (Table 1). During 2010–2019, the median number of skunks testing positive was 7.5 per year (range, 2–53). Due to the
high prevalence of the virus among the skunk population in Nebraska, all skunks should be considered a potential source of the virus. Any bite by a skunk or other wild carnivore or exposure to saliva from such animals should be considered a possible rabies exposure and reported to the regional local health department. All wounds should be thoroughly cleaned with soap and water immediately. Exposed persons should also contact their physician for appropriate medical care. In such instances of exposure, the local health department can provide consultation regarding risk and, if indicated, the Nebraska Rabies Control Program should be contacted for an RA number to facilitate rabies testing if the exposing wild animal can be captured safely. Transmission of rabies from bats can occur from seemingly minor or unrecognized bites. Bites, scratches, or mucus membrane exposures from bats should be considered potential rabies exposures. Any instance where a person is in the same room as a bat and cannot declare with certainty that they were not bitten should also be considered a potential exposure. Such instances include persons sleeping in a room with a bat in it or an adult witnessing a bat in the room with a child who was unattended, a person with a mental disability, or an intoxicated person. During 2019, 18 of 1,088 bats submitted (1.7%) were positive for rabies (Table 1). During 2010–2019, the median number of bats testing positive per year was 13 (range, 6–18). Given their hibernation behavior, bats often enter homes in late summer and early fall. A correspondingly higher level of testing is generally observed during these time periods as are relatively higher numbers of rabid bats. Because capture of bats from homes drives testing, bats with positive test results were more frequently encountered in counties with urban populations (Figure 2).

**Domestic Animals**

Thirty-six cattle and 18 other domestic animals tested positive for rabies in 2012–2019 (feline, 12; canine, 3; equine, 2; llama, 1). All but the llama was of a species in which a licensed vaccine is currently available. Of particular concern, these 15 cats and dogs and the two horses were either reported as not vaccinated or had unknown vaccination histories. Further, 16 of these rabid animals were associated with documented human exposure including ten events involving cats in which humans were reportedly bitten. As a result of exposure to these sixteen animals, potentially avoidable PEP was required among 30 exposed persons because irresponsible owners failed to vaccinate animals in their care. Vaccination of domestic animals is required by Nebraska statutes and continues to be a critical, safe, and cost-effective component of rabies control to safeguard both animal and public health from this fatal virus. In each of these exposure events involving domestic animals, appropriate vaccination would likely have prevented rabies, thus reducing or eliminating the associated human risk and corresponding necessity for PEP. Equally troubling are the numbers of domestic animals tested for rabies in Nebraska for which inadequate vaccination is reported. During 2015 to 2019, 90.6% (769/849) of cats and 65.6% (361/550) of dogs tested for rabies were reported as not current, unvaccinated, or had unknown vaccination status. Given that lack of vaccination
among tested animals often necessitates testing, such high proportions are expected. However, adequate vaccination of such animals would simply preclude the need to even sacrifice them for testing in most situations. Further, vaccination of domestic animals is required by Nebraska statutes and continues to be a critical, safe, and cost-effective component of rabies control to safeguard both animal and public health from this fatal virus. All persons keeping domestic animals should consult their veterinarian to establish and maintain an appropriate vaccination schedule to prevent rabies.

References


Table 5: Number of animals submitted for rabies testing and number positive by species and year, 2010-2019

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<tr>
<th></th>
<th></th>
<th></th>
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<tbody>
<tr>
<td>Skunk</td>
<td>36</td>
<td>28* (77.8)</td>
<td>30</td>
<td>17* (56.7)</td>
<td>44</td>
<td>35* (79.5)</td>
<td>17</td>
<td>14* (82.4)</td>
<td>13</td>
<td>7* (53.8)</td>
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<td>Bat</td>
<td>658</td>
<td>13* (2.0)</td>
<td>660</td>
<td>10* (1.5)</td>
<td>715</td>
<td>13 (1.8)</td>
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<td>6 (0.9)</td>
<td>642</td>
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<td>Cat</td>
<td>216</td>
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<td>185</td>
<td>2 (1.1)</td>
<td>171</td>
<td>5* (2.4)</td>
<td>157</td>
<td>3 (1.9)</td>
<td>168</td>
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<td>Dog</td>
<td>105</td>
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<td>109</td>
<td>0 (0.0)</td>
<td>114</td>
<td>1 (0.9)</td>
<td>101</td>
<td>1 (1.0)</td>
<td>109</td>
<td>0 (0.0)</td>
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<tr>
<td>Cattle</td>
<td>38</td>
<td>4 (10.5)</td>
<td>42</td>
<td>8* (18.2)</td>
<td>40</td>
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<td>40</td>
<td>7* (17.5)</td>
<td>62</td>
<td>4 (6.5)</td>
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<tr>
<td>Horse</td>
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<td>1 (8.3)</td>
<td>10</td>
<td>4 (40.0)</td>
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<td>5</td>
<td>1 (20.0)</td>
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<td>Other</td>
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<td>1*** (1.6)</td>
<td>88</td>
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<td>73</td>
<td>2*** (2.7)</td>
<td>59</td>
<td>1*** (1.7)</td>
<td>57</td>
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<td>54 (4.8)</td>
<td>1,124</td>
<td>35 (3.1)</td>
<td>1,165</td>
<td>59 (5.1)</td>
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<td>1,057</td>
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<td>--------</td>
<td>----------------</td>
</tr>
<tr>
<td>Skunk</td>
<td>16</td>
<td>8** (50.0)</td>
<td>11</td>
<td>4 (36.4)</td>
<td>10</td>
<td>7 (70.0)</td>
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<td>3 (25.0)</td>
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<td>Bat</td>
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<td>1 (2.5)</td>
<td>44</td>
<td>0 (0.0)</td>
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<td>42</td>
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<td>8</td>
<td>0 (0.0)</td>
<td>6</td>
<td>0 (0.0)</td>
<td>11</td>
<td>1 (9.1)</td>
<td>13</td>
<td>0 (0.0)</td>
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<td>Other</td>
<td>98</td>
<td>0 (0.0)</td>
<td>71</td>
<td>0 (0.0)</td>
<td>80</td>
<td>0 (0.0)</td>
<td>74</td>
<td>0 (0.0)</td>
<td>99</td>
<td>0 (0.0)</td>
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<tr>
<td>Total</td>
<td>1,068</td>
<td>28 (2.6)</td>
<td>1141</td>
<td>19 (1.7)</td>
<td>1150</td>
<td>19 (1.7)</td>
<td>1436</td>
<td>22 (1.5)</td>
<td>1545</td>
<td>21 (1.4)</td>
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</table>

*Rabies tests performed at laboratories other than Kansas State University Rabies Laboratory (KSU RL) or the University of Nebraska-Lincoln Veterinary Diagnostic Center (during 2015-2019) were only reported if positive as follows: 11 skunks; 2010, 1 bat, 1 skunk; 2011, 1 bat, 1 skunk; 2012, 5 skunks, 1 cat, 1 bovine; 2013, 2 bovines, 4 skunks; 2014, 2 skunks.***Other species testing positive 1 sheep (2010); 1 fox (2012); 1 raccoon (2012); 1 llama (2013).

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**Figure 2:**

**Number of bats testing positive for rabies by county (N = 127), Nebraska, 2010–2019**
Figure 3:

Number of skunks testing positive for rabies by county (N = 125), Nebraska, 2010–2019

Figure 4:

Number of animals (other than skunks or bats) testing positive by species and county (N = 59), Nebraska, 2010–2019
Appendix B
Animal Exposure Rabies Form. Attached as an example of information collected for Aim 2 of the Capstone project.
Investigation Details

PO Box 9526
Lincoln, Nebraska 68509

Date Assigned to Investigation: 11/04/2016
* Case Status: Confirmed

Use incident date to calculate MMWR Week and Year
* MMWR Week: 44
* MMWR Year: 2016

Reporting Information

Key Report Dates and Information

* Incident Date: 10/02/2014
* Age at Onset:
* City/Town of Incident: Other
* Other City/Town of Incident: Lincoln, NE

Reporting Source

* Date of Report: 10/02/2014
* Reported By (Name): NE DHHS, Cole Vanicek, cole.vanicek@nebraska.gov
* Reported By (Phone): 402-441-7900
* Description of incident: Testing bat exposure questions
* Nebraska RA Number (if applicable): 2014-293

Human Exposure Information

* Have other people been exposed to this animal?: No
* Number of Additional Exposed Persons:
* Number of Additional Persons Recommended for PEP:
* Additional Human Exposure Comments: Test investigation.

Exposing Animal Information

Animal Status and Type

* Exposing Animal Species: Bat
* Other Exposing Animal Species:
  * Was the Animal Captured?: Yes
  * Was the Animal Retrieveable?: Yes
  * Was the Animal Quarantined?: No
  * Animal Quarantine Location:
  * Other Animal Quarantine Location:
  * Was the Animal Euthanized?: No
  * Was the Animal Tested?: Yes
  * Ownership Status of the Animal: Unknown
  * Rabies Vaccination Status: Does not apply

Animal Owner Information

* Name of the Animal Owner (if not victim):
* Address of Animal Owner:
* Animal Owner Phone Number:

Wound Information

Type and Location

* Type of Exposure: Proximity (Bats)
* Location of Wound (if applicable): Other (specify)
* Other Location of Wound (if applicable): proximity only, no wounds

Bat Exposure Questions

* Was the bat found in a room with a human who cannot state with certainty that they were not bitten?: Yes
* Did the person step on the bat barefoot?: No
* Did the bat directly contact the person’s exposed skin?: Yes

Clinical

Recommendation for Post Exposure Prophylaxis

https://dhhs-inedss.ne.gov/nbs/PageAction.do?method=viewLoad&mode=print 10/19/2020
Recommendation for Post Exposure Prophylaxis

Is patient immunosuppressed?: Yes
Type Of Immunosuppression:
Immunosuppressed Type Comments:
Recommendations/Treatment: No Risk Exposure (zero risk): No Vaccine Recommended
Off Schedule Or Other Vaccine Recommendation Comments:

Lab Exam

Laboratory Results

Date Of Laboratory Result: 11/04/2016
Laboratory Test NEDSS Animal-Patient Last Name: NEGATIVE-22Jun2015K3RAB51
Laboratory Test Result: Negative

Contact Records

Contact Named By Patient
The following contacts were named within RabiesTest RabiesTest's investigation:

<table>
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<tr>
<th>Date Named</th>
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<th>Name</th>
<th>Priority</th>
<th>Disposition</th>
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<td>CON10342013NED1</td>
<td>NEG-26Aug2014K3RAB642</td>
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Patient Named By Contact
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Nothing found to display.

Associations

Associated Lab Reports
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Associated Mortality Reports
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Associated Treatments
Nothing found to display.

Associated Vaccinations
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Associated Documents

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<td>Animal Exposure (bite or non-bite)</td>
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Notes And Attachments

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<th>Note</th>
<th>Private</th>
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Attachments

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**Investigation History**

**Notification History**

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