



University of Nebraska  
Medical Center  
Nebraska Medicine

Graduate Medical Education  
Research Journal

---

Volume 4 | Issue 1

Article 1

---

July 2022

## Blues and Yellows

Spriha Pavuluri

Follow this and additional works at: <https://digitalcommons.unmc.edu/gmerj>



Part of the [Higher Education Commons](#), and the [Medicine and Health Sciences Commons](#)

---

### Recommended Citation

Pavuluri, S. Blues and Yellows. Graduate Medical Education Research Journal. 2022 Jul 14; 4(1).  
<https://digitalcommons.unmc.edu/gmerj/vol4/iss1/1>

This Creative Work is brought to you for free and open access by DigitalCommons@UNMC. It has been accepted for inclusion in Graduate Medical Education Research Journal by an authorized editor of DigitalCommons@UNMC. For more information, please contact [digitalcommons@unmc.edu](mailto:digitalcommons@unmc.edu).

---

## Blues and Yellows

### Creative Commons License



This work is licensed under a [Creative Commons Attribution-Noncommercial-No Derivative Works 4.0 License](https://creativecommons.org/licenses/by-nc-nd/4.0/).

## Cover Art Essay

### Blues and Yellows

Spriha Pavuluri<sup>1</sup>

<sup>1</sup>University of Nebraska Medical Center, College of Medicine,  
Department of Neurological Sciences

I am currently an Epilepsy Fellow in the Department of Neurological Sciences. I started drawing and painting at a very young age. I am one of the few people in India who received a National Award from the President of India for my contribution to the field of art. I have only ever painted for a cause or for a person I love. I put away my brushes and paints for almost 6 years now because life seemed too heavy on my shoulders, and perhaps I didn't see the upside of anything at the time. I was too busy being a mom and wife, and nurturing my talents seemed like a frivolous indulgence. I recently started painting again, and I think it's because I have found a purpose and direction for myself, and I also found a worthy cause. Some of my art is inspired by what is going on in Ukraine, and I hope I can help those in need with my art. My mentors here at UNMC are from Ukraine, and they are some of the fiercest and most committed daughters and mothers I know. Their passion for the medical profession is unwavering even in such dire circumstances. They inspire me every day, I hope my art does the same for others.

To find out more about the artist, please visit,  
<https://www.unmc.edu/news.cfm?match=29064>

<https://doi.org/10.32873/unmc.dc.gmerj.4.1.045>