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## Examining the Impact of Adverse Childhood Experiences (ACEs) on Breast and Colorectal Cancer Screening Behaviors in Adulthood

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1 **Examining the Impact of Adverse Childhood Experiences (ACEs) on Breast and**  
2 **Colorectal Cancer Screening Behaviors in Adulthood**

3  
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9

10 **Abstract**

11 **Objective:** To investigate the relationship between adverse childhood experiences  
12 (ACEs) and screening for breast and colorectal cancer in adulthood.

13 **Methods:** This cross-sectional study utilized nationwide survey data from the 2022  
14 Behavioral Risk Factor Surveillance System (BRFSS). Data regarding ACEs and  
15 compliance with breast and colorectal cancer screening guidelines were analyzed from  
16 12 states. Weighted logistic regression models were used to assess the relationship  
17 between ACEs and breast cancer screening compliance in a population of 18,369  
18 women, and colorectal cancer screening compliance in a population of 30,884 men and  
19 women. Screening compliance among those with a high ACE score was compared to  
20 those with a low ACE score.

21 **Results:** The odds of cancer screening compliance differed by ACE score. A high ACE  
22 score was significantly associated with increased odds of colorectal cancer screening  
23 compliance but was associated with decreased odds of breast cancer screening  
24 compliance.

25 **Conclusions:** This study provided further evidence that ACEs have a significant impact  
26 on health behaviors. To reduce the burden presented by childhood trauma, public health  
27 initiatives focused on reducing ACEs should be implemented.

28

29 **Introduction**

30 Adverse childhood experiences, or ACEs, characterize the abuse, trauma, or  
31 neglect endured prior to adulthood.<sup>1</sup> ACEs impact over half of the United States  
32 population and are correlated with a number of health conditions including ischemic  
33 heart disease, depression, chronic lung disease, sexually transmitted disease, liver  
34 disease, and cancer.<sup>1-17</sup> Previous research has revealed an association between ACEs  
35 and a number of risk factors for disease such as alcoholism, drug abuse, attempted  
36 suicide, smoking, poor self-rated health, physical inactivity, and severe obesity. The  
37 Adverse Childhood Experiences Study was the first to uncover the relationship between  
38 ACEs and multiple adverse health outcomes.<sup>1</sup> Published over 20 years ago, this study  
39 precipitated an increase in the interest of this topic, paving the way for an expansive  
40 body of research on ACEs and the life-long effects of exposure.

41 Several studies have focused on the relationship between ACEs and  
42 cancer,<sup>3,5,10,12,18</sup> One study found that individuals exposed to multiple ACEs were at  
43 increased risk of cancer, compared to those with no ACE history.<sup>3</sup> Physical abuse,  
44 specifically, was found to be significantly associated with cancer risk,<sup>3,7,12</sup> as well as  
45 intimate partner violence, financial struggles<sup>3</sup>, and sexual abuse.<sup>5</sup> A major threat to  
46 public health, cancer is one of the leading causes of morbidity and mortality among  
47 adults in the United States. Within the year 2023 alone, an estimated 1,958,310 new  
48 cases of the disease will be diagnosed, and 609,820 people will die as a result of  
49 cancer.<sup>19</sup>

50 Despite this, it is possible to reduce the disease burden by improving cancer  
51 screening uptake. As a result of cancer screening in the U.S., colorectal cancer mortality  
52 declined by 47% among men and 44% among women, and breast cancer mortality  
53 among women declined by 39% from 1990 to 2015.<sup>20</sup> High-quality cancer screening  
54 methods improve outcomes by detecting the disease prior to the emergence of  
55 symptoms,<sup>21</sup> when treatment is more effective.<sup>22</sup> Additionally, public health initiatives  
56 have been implemented to improve screening accessibility and inform the public of the  
57 importance of being screened.<sup>22</sup> Despite the numerous benefits, many individuals do

58 not undergo screening when it is recommended, leading researchers to investigate why  
59 barriers to cancer screening persist.

60 While some forgo cancer screening due to emotional factors such as a fear of the  
61 results, embarrassment, or discomfort, others assert they are unaware of the benefits,  
62 were not recommended by a physician, or because they do not have health insurance.<sup>22</sup>  
63 Similar disparities in health care access have been observed among adults that  
64 experienced childhood trauma.<sup>2,23-28</sup> Research found that exposure to ACEs is  
65 associated with greater use of specialty care and emergency services,<sup>23,24</sup> non-  
66 preventive outpatient visits,<sup>25</sup> and lower odds of having health insurance.<sup>28</sup>

67 However, very little research has focused on the impact of ACE exposure and the  
68 use of preventative healthcare services, such as cancer screening, and the majority of  
69 the studies have been conducted by the same author.<sup>21,23</sup> Also, several of these studies  
70 examined the relationship between ACEs and a single cancer screening type.<sup>23</sup> This is a  
71 key limitation, as previous work suggested the effect of ACEs may be dependent on the  
72 type of screening.<sup>21</sup> One of the few studies on this topic found that physical abuse,  
73 parental separation, and household violence were associated with lower odds colorectal  
74 cancer screening, while emotional and sexual abuse were associated with higher  
75 odds.<sup>23</sup> A later study found women exposed to specific ACEs were more likely to be  
76 compliant with colorectal cancer screening guidelines, while men were less likely to be  
77 compliant.<sup>21</sup> While this study examined the association between ACEs and several  
78 cancer screening types, the analyses were limited to residents of one state, which may  
79 not be representative of the U.S. population.<sup>21</sup> Therefore, this study looked to  
80 investigate this relationship with both breast and colorectal cancer screening, across a  
81 larger study population.

82 While several studies have established a link between ACEs and an increased  
83 risk of developing cancer, the mechanisms underlying this relationship are not well  
84 understood, and very few have explored the relationship between ACE exposure and  
85 the likelihood of being screened for cancer as an adult. With a limited number of studies  
86 on this topic and the potential implications on public health, a population-based sample  
87 was used to examine the association between ACE exposure and screening for breast

88 and colorectal cancer in adulthood, before and after adjustment for multiple  
89 sociodemographic and behavioral factors including age, race/ethnicity, income,  
90 educational attainment, marital status, gender, health insurance coverage, survey  
91 language, and previous cancer diagnosis.

## 92 **Methods**

### 93 **Study Design**

94 This epidemiological study is cross-sectional, utilizing survey data from the 2022  
95 Behavioral Risk Factor Surveillance System (BRFSS). Employing random-digit-dialing  
96 of landlines and cell phones, BRFSS is a nationwide survey comprised of questions  
97 related to numerous disease risk factors and behaviors. BRFSS is administered by the  
98 Centers for Disease Control and Prevention (CDC) to the non-institutionalized United  
99 States population, 18 years and older.<sup>29</sup> For this study, survey data were obtained from  
100 several core modules, including breast and colorectal cancer screening, as well as  
101 modules representative of various sociodemographic characteristics, behaviors, and  
102 health outcomes. Analyses were limited to the 12 states that collected data for the  
103 optional ACE module in the 2022 BRFSS survey: Arizona, Arkansas, Florida, Iowa,  
104 North Dakota, New Jersey, Nevada, Ohio, Oklahoma, Oregon, South Dakota, and  
105 Virginia.

### 106 **Study Population**

107 The total study population was comprised of two separate groups, based on  
108 cancer screening type. Breast cancer screening behaviors were assessed in a sample  
109 of 18,369 women, and colorectal cancer screening behaviors were examined in a  
110 sample of 30,884 men and women. The United States Preventive Services Task Force  
111 (USPSTF) recommends that women aged 40 to 75 years undergo screening for breast  
112 cancer, and men and women aged 45 to 75 years are screened for colorectal  
113 cancer.<sup>30,31</sup> Inclusion criteria were based on these factors, as only those within the  
114 aforementioned age and sex guidelines for each screening type were included in the  
115 respective study populations.

116 Male respondents were excluded from breast cancer screening analyses, as they  
117 are not routinely recommended to undergo breast cancer screening. Women under 40  
118 and over 75 years of age were excluded from breast cancer analyses, while men and  
119 women under 45 and over 75 years of age were excluded from colorectal cancer  
120 analyses. These exclusion criteria are consistent with the USPSTF guidelines  
121 suggesting the potential harms of screening individuals beyond the specified age  
122 parameters outweigh the foreseeable benefits.<sup>30,31</sup> For all study variables, responses of  
123 “don’t know” or “refused” to any associated questions were set to missing and excluded  
124 from analyses. The only exception is the variable for income, which has a “not reported”  
125 category, as greater than 10% of the study population were missing income values.

## 126 **Compliance with Cancer Screening Recommendations**

127 The outcomes investigated in this study were breast and colorectal cancer  
128 screening compliance. Survey responses were dichotomized to indicate whether an  
129 individual met the USPSTF cancer screening guidelines. Participants in the breast  
130 cancer screening population that had a mammogram in the past 2 years were  
131 considered fully compliant.<sup>30</sup> Participants in the colorectal cancer screening population  
132 that had a colonoscopy, sigmoidoscopy, or fecal occult blood test in the past 5 years  
133 were considered fully compliant.<sup>31</sup> Consistent with previous studies, those compliant  
134 with cancer screening guidelines were modeled in comparison to those that were not  
135 compliant, which acted as the reference group, and breast cancer and colorectal cancer  
136 screening behaviors were examined separately.<sup>21,23</sup>

## 137 **Adverse Childhood Experience (ACE) Score**

138 Participant exposure to adverse childhood experiences (ACEs) was represented  
139 by an ACE score, a standardized method of measuring collective exposure to various  
140 facets of childhood trauma experienced before the age of 18.<sup>32</sup> Responses to the 11  
141 questions in the ACE module were dichotomized to indicate whether an ACE was  
142 experienced or not. These questions formed 8 ACE categories, with exposure to each  
143 category being worth 1 point and the combined number of points representing the final

144 ACE score. Similar to previous studies,<sup>4,27,33</sup> experiencing ACEs in 0 to 2 categories  
145 was classified as a “low ACE score” and exposure to ACEs in 3 to 8 categories was  
146 classified as a “High ACE score.” Those with a high ACE score were modeled in  
147 comparison to those with a low ACE score.

## 148 **Measures**

149 Similar to previous research, several categorical variables representative of  
150 sociodemographic and behavioral factors were examined in this study as potential  
151 confounders.<sup>21,23</sup> Age was categorized into 4 groups (40-49 years for breast cancer  
152 screening analyses or 45 to 49 years for colorectal cancer screening analyses, 50-59,  
153 60-69, or 70 years and older), as was race/ethnicity (White non-Hispanic, Black non-  
154 Hispanic, Hispanic, or other races including American Indian/Alaskan Native, Asian,  
155 Native Hawaiian/Pacific Islander, or multiracial), income ( Less than \$50,000, \$50,000 to  
156 \$100,000, greater than \$100,000, or not reported), education (did not graduate high  
157 school, graduated high school, attended college, or graduated college), and marital  
158 status (married, divorced/separated, widowed, or never married). Gender (male or  
159 female) was included only in colorectal cancer screening analyses, as male  
160 respondents were not administered questions in that module. Other study covariates  
161 included health insurance coverage, survey language (English or Spanish), and  
162 previous cancer diagnosis excluding skin cancer.

## 163 **Statistical Analysis**

164 Univariate statistics were calculated in the breast cancer and colorectal cancer  
165 screening populations separately, providing the frequency and percentage of responses  
166 from all study variables. Bivariate analyses, using weighted logistic regression models  
167 and  $\chi^2$  tests, were performed for study covariates and ACE score categories by cancer  
168 screening compliance outcomes, and for both ACE score categories by each covariate.  
169 These analyses resulted in weighted, unadjusted odds ratios and 95% confidence  
170 intervals quantifying the crude association between ACE score and cancer screening

171 compliance, and the relationship of each covariate with ACE score and screening  
172 behavior.

173 For each cancer screening compliance group, separate, weighted, multivariate  
174 logistic regression models were constructed, with ACE score category as the  
175 independent variable, and adjustments made for potential confounding variables. During  
176 model selection, all study covariates were added to the model, the fit was assessed,  
177 and covariates with a p-value greater than 0.05 were removed from the final model. The  
178 variables for race, age, education, marital status, income, and health insurance status  
179 were included in the final models for both screening populations. The covariates  
180 representing survey language and lifetime cancer diagnosis were included in the  
181 colorectal cancer model but were removed from the breast cancer model due to lack of  
182 statistical significance. Gender was removed from the final colorectal cancer screening  
183 model because it did not remain significant after adjustment for confounders. Analyses  
184 provided weighted, adjusted odds ratios and 95% confidence intervals for each  
185 screening outcome, according to high or low ACE score.

186 Model fit was assessed with the calculation of R-Squared values for each  
187 multivariate logistic regression model. Due to the complex survey design of BRFSS,  
188 appropriate survey weights were applied to all calculations. Statistical analyses were  
189 conducted using SAS Studio version 3.82 (SAS Institute, Cary, NC).

## 190 **Results**

191 A total of 30,884 participants responded to both the ACE module and the  
192 colorectal cancer screening module, a response rate of 88.89%, and 18,369 participants  
193 responded to the ACE module and the breast cancer screening module, a response rate  
194 of 87.90%. The sociodemographic and behavioral characteristics of these study  
195 samples are shown in Table 1. The colorectal cancer and breast cancer screening  
196 populations were demographically very similar, with the majority of respondents from  
197 both groups being of white non-Hispanic race (70.66%, 69.60%), 60 to 69 years old  
198 (36.19%, 31.38%), graduating from college (34.11%, 35.14%), with a yearly income less  
199 than \$50,000 (31.80%, 34.09%), having health insurance coverage (95.54%, 95.43%),  
200 and no previous diagnosis of cancer (87.61%, 87.32%). The colorectal cancer



201 screening sample had a greater percentage of female respondents than male (52.23%),  
202 while the breast cancer screening sample was entirely female.

### 203 **Colorectal Cancer Screening**

204 In the colorectal cancer screening population, a total of 23,036 respondents  
205 (72.43%) reported experiencing 0 to 2 ACEs and were characterized as having a low  
206 ACE score, while 7,848 respondents (27.57%) reported experiencing 3 or more ACEs  
207 and were categorized as having a high ACE score. Approximately 21,202, or 65.98% of  
208 the study sample, were compliant for current colorectal cancer screening  
209 recommendations (Table 1). In bivariate analyses, we observed significant differences  
210 by ACE score for several covariates. Women were more likely than men to report a high  
211 ACE score ( $p<0.001$ ), as were those in the younger age groups ( $p<0.001$ ), of lower  
212 income ( $p<0.001$ ), lesser educational attainment ( $p<0.001$ ), and those not married  
213 ( $p<0.001$ ). Additionally, respondents previously diagnosed with cancer ( $p=0.04$ ) and  
214 those taking the survey in English ( $p=0.02$ ), as opposed to Spanish, were more likely to  
215 have a high ACE score. Race ( $p=0.22$ ), health insurance coverage ( $p=0.79$ ), and  
216 colorectal cancer screening compliance ( $p=0.32$ ) were not significantly associated with  
217 ACE score in bivariate analyses (Data not shown).

218 Weighted, multivariate logistic regression analyses examining the association  
219 between ACE score and colorectal cancer screening compliance are shown in Table 2,  
220 with statistically significant relationships indicated in bold. After controlling for potential  
221 confounders, a high ACE score was associated with increased odds of being compliant  
222 with colorectal cancer screening recommendations, compared to those with a low ACE  
223 score (AOR=1.14, 95% CI: [1.01, 1.28]). In the final adjusted model, colorectal cancer  
224 screening compliance also differed in accordance with several covariates. The odds of  
225 screening compliance increased with increasing age ( $p<0.001$ ), rising income  
226 ( $p=0.001$ ), and greater educational attainment ( $p<0.001$ ). Participants in the “other  
227 races” category (including American Indian/Alaskan Native, Asian, Native Hawaiian,  
228 Pacific Islander, or multiracial) were less likely to be compliant than non-Hispanic, White  
229 participants (AOR=0.69, 95% CI: [0.56, 0.86]). Those administered surveys in English  
230 were more likely to be compliant than those taking the survey in Spanish (AOR=2.16,

231 95% CI: [1.31, 3.56]). Compared to married respondents, those divorced (AOR=0.79,  
232 95% CI: [0.67, 0.92]) or never married (AOR=0.65, 95% CI: [0.54, 0.77]) had decreased  
233 odds of colorectal cancer screening compliance, while insured participants (AOR=4.82,  
234 95% CI: [3.58, 6.50]) and those previously diagnosed with cancer (AOR=1.54, 95% CI:  
235 [1.30, 1.83]) were more likely to be compliant.

## 236 **Breast Cancer Screening**

237 In the breast cancer screening population, a total of 12,941 respondents  
238 (68.41%) reported experiencing 0 to 2 ACEs and were categorized as having a low ACE  
239 score, while 5,428 respondents (31.59%) reported experiencing 3 or more ACEs and  
240 were characterized as having a high ACE score. Approximately 13,708 individuals, or  
241 72.64% of the study sample, were compliant for current breast cancer screening  
242 recommendations (Table 1). In bivariate analyses, we observed significant differences  
243 by ACE score for several covariates. Those in the younger age groups were more likely  
244 to report a high ACE score ( $p<0.001$ ), as were respondents of lower income ( $p<0.001$ ),  
245 lesser educational attainment ( $p=0.001$ ), and those not married ( $p<0.001$ ). Additionally,  
246 participants previously diagnosed with cancer ( $p=0.01$ ) and those taking the survey in  
247 English ( $p<0.001$ ), as opposed to Spanish, were more likely to have a high ACE score.  
248 Race ( $p=0.06$ ) and health insurance coverage ( $p=0.56$ ) were not significantly associated  
249 with ACE score in bivariate analyses (Data not shown).

250 Weighted, multivariate logistic regression analyses examining the association  
251 between ACE score and breast cancer screening compliance are shown in Table 2, with  
252 statistically significant relationships indicated in bold. A high ACE score was significantly  
253 associated with decreased odds of being compliant with breast cancer screening  
254 recommendations, compared to those with a low ACE score, after adjustment for  
255 potential confounders (AOR=0.74, 95% CI: [0.64, 0.85]). Breast cancer screening  
256 compliance also differed in accordance with several covariates. In the final adjusted  
257 model, the odds of screening compliance increased with increasing age ( $p<.0001$ ),  
258 rising income ( $p<0.001$ ), and greater educational attainment ( $p=0.02$ ). Black, non-  
259 Hispanic (AOR=1.69, 95% CI: [1.33, 2.15]) and Hispanic (AOR=1.57, 95% CI: [1.13,  
260 2.17]) participants were more likely to be compliant than those of White, non-Hispanic

261 race. Compared to married respondents, those divorced (AOR=0.76, 95% CI: [0.63,  
262 0.92]), widowed (AOR=0.76, 95% CI: [0.59, 0.97]), or never married (AOR=0.73, 95%  
263 CI: [0.59, 0.90]) had decreased odds of compliance. Insured participants (AOR=4.11,  
264 95% CI: [2.97, 5.69]) were more likely to be compliant with breast cancer screening  
265 recommendations. Survey language (p=0.62) and previous cancer diagnosis (p=0.79)  
266 were not significantly associated with breast cancer screening compliance in  
267 multivariate analyses, so they were removed from the final model.

## 268 **Discussion**

269 Using nationwide survey data representative of the United States population, this  
270 study investigated the relationship between ACE score and compliance with  
271 recommendations for breast and colorectal cancer screening. This study found that  
272 respondents with a high ACE score had decreased odds of being compliant with breast  
273 cancer screening guidelines, compared to those with a low ACE score. A previous study  
274 examining the impact of specific ACEs found that there were no individual ACEs  
275 associated with breast cancer screening compliance, but several ACEs were associated  
276 with lower odds of undergoing a clinical breast exam.<sup>21</sup> These results imply that  
277 although there may not be a single, definitive ACE exposure that can be attributed to  
278 breast cancer screening compliance, exposure to a high number of ACEs significantly  
279 reduces the odds of being screened for breast cancer.

280 The effect of ACEs on cancer screening behaviors differed by the cancer  
281 screening type, as those with a high ACE score had increased odds of being compliant  
282 with colorectal cancer screening recommendations. A study investigating the effect of  
283 individual ACEs found that several ACEs were associated with higher odds of colorectal  
284 cancer screening, but this relationship was observed only among women.<sup>21</sup> Therefore,  
285 the opposite association observed for screening compliance in the breast cancer  
286 population, when compared to that of colorectal cancer, could be due to the differences  
287 in the gender composition of the separate study populations. Previous research found  
288 that women are not only more likely to report exposure to ACEs, but they may also  
289 experience a greater impact as a result of ACE exposure. One study suggested that the

290 relationship between ACEs and cancer predominantly pertains to women.<sup>21</sup> In the  
291 present study, gender was significantly associated with both ACE score and colorectal  
292 cancer screening compliance in crude logistic regression analyses, but the relationship  
293 with screening compliance did not remain significant in the multivariate model following  
294 adjustment. While the association between ACE exposure and cancer screening may  
295 be particularly impactful among women as previous research has concluded, these  
296 results suggest that the association between ACEs and cancer screening behaviors  
297 may not be exclusive to women.

298 This study also revealed that cancer screening compliance differs significantly by  
299 age, as study participants 40 to 49 years of age had significantly lower odds of breast  
300 cancer screening compliance compared to those in all other age groups. A similar  
301 association was observed with respect to colorectal cancer screening compliance  
302 among those 45 to 49 years, with even greater disparity in compliance among those in  
303 the younger age group. It is highly probable that these disparities can be attributed to  
304 recent changes in cancer screening guidelines that lowered the recommended age of  
305 screening initiation from 50 to 40 years for breast cancer,<sup>30</sup> and 50 to 45 years for  
306 colorectal cancer.<sup>31</sup>

307 There are several limitations to this study that must be taken into consideration.  
308 Because BRFSS is a survey that collects cross-sectional data, it is not possible to draw  
309 causal conclusions. In addition, the possibility of response bias cannot be ruled out due  
310 to data collection reliant upon retrospective self-reporting of ACEs. Despite this, BRFSS  
311 is regarded as a credible data source and previous research indicates that an  
312 overestimation of ACEs is unlikely.<sup>32</sup> It is also important to note that BRFSS surveys  
313 only the non-institutionalized population. Members of the population not surveyed may  
314 represent a significant portion of those with a high ACE score, due to the relationship  
315 between ACEs and the propensity to engage in hazardous behaviors.<sup>1,5,16,25,26,34</sup>  
316 Additionally, while ACE score is considered a reliable measure of cumulative ACE  
317 exposure, it does not allow the impact of each ACE to be examined individually, and  
318 using an ACE score could potentially mask,<sup>32</sup> or overestimate<sup>34</sup> the association. This is  
319 an important consideration, as an existing study found only specific ACEs had a

320 significant impact on cancer screening behaviors.<sup>21</sup> Lastly, due to the poor fit of the  
321 breast cancer screening model, the inclusion of additional demographic variables  
322 should be considered in future analyses.

### 323 **Public Health Importance**

324 This study expanded upon the existing research on ACEs and the impact of  
325 these traumatic events in adulthood. Due to the abundance of studies that explored the  
326 relationship between ACEs and various health conditions, this study opted to investigate  
327 how ACEs impact participation in breast and colorectal cancer screening, a preventative  
328 healthcare service. Despite compliance outcomes differing in accordance with the type  
329 of cancer screening, this study provided further evidence that ACEs have a significant  
330 impact on health behaviors. Due to the specific health needs of those impacted by  
331 ACEs, strategies that allow for ACE exposure to be identified in a clinical setting should  
332 be considered. Furthermore, to decrease the burden presented by childhood trauma,  
333 public health initiatives aimed at reducing ACEs should be implemented. Future  
334 research should attempt to investigate the association between specific ACEs and  
335 health behaviors so that these programs can focus on reducing the ACEs that have the  
336 greatest impact on the health and well-being of the public.

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**Table 1.** Distribution of Sociodemographic and Behavioral Characteristics of Study Population – Behavioral Risk Factor Surveillance System (BRFSS), 2022

Variable	Colorectal Cancer Screening Population (Men and Women 45-75) n=30,884		Breast Cancer Screening Population (Women 40-75) n=18,369	
	n	Adjusted %	n	Adjusted %
<i>Compliant with Cancer Screening Guidelines</i>				
Yes	21,202	65.98	13,708	72.64
No	9,682	34.02	4,661	27.36
<i>Adverse Childhood Experiences (ACEs)</i>				
Low ACE Score (0-2)	23,036	72.43	12,941	68.41
High ACE Score (3 or more)	7,848	27.57	5,428	31.59
<i>Sex</i>				
Male	14,252	47.77	N/A	N/A
Female	16,632	52.23	18,369	100.0
<i>Race/Ethnicity</i>				
White, non-Hispanic	25,956	70.66	15,196	69.60
Black, non-Hispanic	1,782	9.87	1,206	10.16
Hispanic	1,446	11.71	950	12.52
Other Race	1,700	7.77	1,017	7.71
<i>Age</i>				
45-49 years***	3,518	13.95	3,776	25.99
50-59 years	9,061	33.49	4,752	28.41
60-69 years	12,209	36.19	6,590	31.38
70+ years	6,096	16.37	3,251	14.21
<i>Education</i>				
Did not graduate high school	1,456	8.95	782	7.74
Graduated high school	7,292	24.91	3,854	23.82
Attended college/tech school	9,109	32.03	5,656	33.29
Graduated college/tech school	13,027	34.11	8,077	35.14
<i>Marital Status</i>				
Married	18,705	63.52	10,637	61.01
Divorced/Separated	5,938	17.60	3,598	18.60
Widowed	2,874	7.90	2,144	9.35
Never married/Unmarried couple	3,367	10.98	1,990	11.04
<i>Income</i>				
0-\$49,999	10,438	31.80	6,476	34.09
\$50,000-\$99,999	8,723	26.60	5,096	25.49
\$100,000+	7,397	27.20	3,997	24.88
Not Reported	4,326	14.40	2,800	15.54
<i>Health Insurance Coverage</i>				
Yes	29,834	95.54	17,769	95.43
No	1,050	4.46	600	4.57
<i>Survey Language</i>				
English	30,390	96.00	18,029	95.61
Spanish	494	4.00	340	4.39
<i>Lifetime Diagnosis of Cancer</i>				
Yes	4,134	12.39	2,436	12.68
No	26,750	87.61	15,933	87.32

\*Abbreviations: n= population, %= percent

\*\*Percentages are adjusted to account for complex survey data

\*\*\*Age category is 40-49 years for breast cancer population

**Table 2. Odds of Compliance with Cancer Screening Guidelines for Breast and Colorectal Cancer – Behavioral Risk Factor Surveillance System (BRFSS), 2022**

Variable	Colorectal Cancer Screening Population (Men and Women 45-75) n=30,884		Breast Cancer Screening Population (Women 40-75) n=18,369	
	Crude OR (95% CI)	Adjusted OR (95% CI)	Crude OR (95% CI)	Adjusted OR (95% CI)
<i>Adverse Childhood Experiences (ACEs)</i>				
Low ACE Score (0-2)	Reference	Reference	Reference	Reference
High ACE Score (3 or more)	0.95 (0.85, 1.05)	<b>1.14 (1.01, 1.28)</b>	<b>0.67 (0.59, 0.77)</b>	<b>0.74 (0.64, 0.85)</b>
<i>Sex</i>				
Male	Reference	N/A	N/A	N/A
Female	<b>1.13 (1.03, 1.25)</b>			
<i>Race/Ethnicity</i>				
White, non-Hispanic	Reference	Reference	Reference	Reference
Black, non-Hispanic	0.90 (0.74, 1.09)	1.19 (0.95, 1.49)	<b>1.27 (1.00, 1.61)</b>	<b>1.69 (1.33, 2.15)</b>
Hispanic	<b>0.59 (0.48, 0.73)</b>	1.33 (0.96, 1.84)	0.90 (0.69, 1.17)	<b>1.57 (1.13, 2.17)</b>
Other	<b>0.58 (0.47, 0.70)</b>	<b>0.69 (0.56, 0.86)</b>	0.76 (0.57, 1.00)	0.86 (0.64, 1.17)
<i>Age</i>				
45-49 years***	Reference	Reference	Reference	Reference
50-59 years	<b>3.697 (3.12, 4.38)</b>	<b>4.03 (3.41, 4.77)</b>	<b>1.97 (1.66, 2.34)</b>	<b>1.92 (1.61, 2.30)</b>
60-69 years	<b>7.01 (5.90, 8.32)</b>	<b>7.79 (6.56, 9.26)</b>	<b>2.30 (1.95, 2.71)</b>	<b>2.32 (1.93, 2.79)</b>
70+ years	<b>9.03 (7.36, 11.08)</b>	<b>9.53 (7.75, 11.73)</b>	<b>2.51(1.99, 3.15)</b>	<b>2.56 (2.00, 3.28)</b>
<i>Education</i>				
Did not graduate high school	Reference	Reference	Reference	Reference
Graduated high school	<b>1.79 (1.45, 2.23)</b>	<b>1.39 (1.09, 1.77)</b>	1.28 (0.97, 1.69)	1.03 (0.76, 1.39)
Attended college/tech school	<b>1.95 (1.57, 2.41)</b>	<b>1.44 (1.13, 1.84)</b>	<b>1.34 (1.02, 1.75)</b>	1.03 (0.77, 1.39)
Graduated college/tech school	<b>2.32 (1.89, 2.86)</b>	<b>1.78 (1.39, 2.29)</b>	<b>1.88 (1.44, 2.45)</b>	<b>1.32 (0.97, 1.82)</b>
<i>Marital Status</i>				
Married	Reference	Reference	Reference	Reference
Divorced/Separated	<b>0.70 (0.62, 0.79)</b>	<b>0.79 (0.67, 0.92)</b>	<b>0.64 (0.54, 0.76)</b>	<b>0.76 (0.63, 0.92)</b>
Widowed	1.14 (0.95, 1.37)	0.86 (0.70, 1.06)	0.85 (0.68, 1.05)	<b>0.76 (0.59, 0.97)</b>
Never married	<b>0.52 (0.45, 0.61)</b>	<b>0.65 (0.54, 0.77)</b>	<b>0.58 (0.48, 0.71)</b>	<b>0.73 (0.59, 0.90)</b>
<i>Income</i>				
0-\$49,999	Reference	Reference	Reference	Reference
\$50,000-\$99,999	<b>1.35 (1.19, 1.54)</b>	1.15 (0.99, 1.34)	<b>1.56 (1.32, 1.84)</b>	<b>1.35 (1.12, 1.62)</b>
\$100,000+	<b>1.37 (1.21, 1.56)</b>	<b>1.35 (1.13, 1.60)</b>	<b>1.82 (1.53, 2.16)</b>	<b>1.57 (1.27, 1.95)</b>
Not Reported	1.162 (1.00, 1.35)	0.96 (0.81, 1.15)	<b>1.51 (1.24, 1.84)</b>	<b>1.24 (1.00, 1.54)</b>
<i>Health Insurance Coverage</i>				
Yes	<b>7.84 (6.02, 10.22)</b>	<b>4.82 (3.58, 6.50)</b>	<b>5.32 (3.92, 7.22)</b>	<b>4.11 (2.97, 5.69)</b>
No	Reference	Reference	Reference	<b>Reference</b>
<i>Survey Language</i>				
English	<b>3.18 (2.24, 4.52)</b>	<b>2.16 (1.31, 3.56)</b>	<b>1.51 (1.04, 2.19)</b>	N/A
Spanish	Reference	Reference	Reference	
<i>Lifetime Diagnosis of Cancer</i>				
Yes	<b>2.09 (1.78, 2.44)</b>	<b>1.54 (1.30, 1.83)</b>	1.15 (0.95, 1.39)	N/A
No	Reference	Reference	Reference	

\*Abbreviations: CI=Confidence Interval, n= population, OR=Odds Ratio, %= percent

\*\*Percentages are adjusted to account for complex survey data

\*\*\*Age category is 40-49 years for breast cancer population