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Impact of Medicaid Redetermination on Underserved Populations in Region 7 States: **A Review.**

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MPH Health Policy and Administration

Abstract: When the COVID-19 Public Health Emergency ended in May of 2023, Medicaid began the process of redetermination across the states and returned to its original eligibility rules. Because of this, the healthcare status of many Americans was affected, resulting in the loss of healthcare coverage for millions of people. Of those who have lost coverage, children make up almost half of the total. This paper assesses the negative effects of Medicaid redetermination on children and other underserved populations in communities across the four states in Region 7 (Nebraska, Iowa, Missouri, and Kansas) and identifies programs that these states can implement to minimize the loss of coverage. Qualitative data was collected and analyzed through a scoping literature review followed by various policy and program analyses. The results of this study reveal the impact of the Medicaid redetermination on underserved populations among Region 7 states and promote programs or policies that could lessen negative impacts. The outcome of this Capstone Project provides an understanding of the negative implications of Medicaid coverage loss due to redetermination and how Region 7 states can promote continued coverage post-pandemic.

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I. INTRODUCTION

Due to the public health emergency (PHE) declared by the federal government during the COVID-19 pandemic, states have provided continuous enrollment in Medicaid in exchange for increased federal funding. States allowed all Medicaid members to retain their coverage from the start of the PHE, March 15th, 2020, to its end on May 11th, 2023, even if they were no longer eligible (DHHS, 2023). Starting on the first of March 2023, most state Medicaid returned to its original eligibility rules, affecting the healthcare status of millions of individuals (KOLN, 2023). According to the Commonwealth Fund, almost 3.8 million individuals in the U.S. lost Medicaid coverage due to this eligibility redetermination process, in which many Medicaid beneficiaries became ineligible due to various reasons (2023). Many of these individuals were said to have lost coverage because of procedural reasons such as missed or late paperwork (Commonwealth Fund, 2023). The number of lost eligibilities is expected to increase to over 15 million individuals during the redetermination process due to administrative errors and ineligibility. Many Medicaid enrollees are losing coverage because they are unaware the process is occurring or that procedural issues such as missed paperwork can cause a loss of coverage.

The number of Medicaid recipients has increased exponentially over the past couple of years, primarily due to the three-year federal pause and the expansion of Medicaid in many states; at the start of the federal pause, all Medicaid beneficiaries kept their coverage for the duration of the pause even if they became ineligible (KOLN, 2023). Although the Medicaid process is returning to the previous eligibility rules, this is new for many individuals. Many started receiving Medicaid benefits during the pandemic and have never gone through a renewal process. Medicaid renewal forms can be difficult to understand, especially for those new to the process or new to state-provided health insurance. For the purposes of this project, states in

Region 7, which include Nebraska, Iowa, Missouri, and Kansas, are focused on primarily; these states have all chosen to report Medicaid unwinding data and have varying rates of Medicaid expansion, which affects the process. One population that is highly susceptible to lost coverage is children under the age of 19; because of this, healthcare coverage of children specifically is studied, as they account for the highest rate of unenrollment at almost 40% (Coleman, 2023). Access to healthcare is already difficult for many underserved children; Medicaid redetermination has become yet another obstacle for them to receive healthcare coverage.

Therefore, the aim of this Capstone Project is 1) To assess the individual and population health impact of the renewal process in Region 7 states, 2) To examine which Region 7 population groups, particularly children, the Medicaid renewal process may affect most, and 3) To identify potential policies and programs that states can implement to promote continuity of coverage and minimize the negative impact. The research question that this study addresses is as follows: What are the implications of the Medicaid renewal among Region 7 states, and how did it impact underserved populations in these states? This research question expands to cover all the aims described above. The research focuses on the causes leading up to the loss of Medicaid coverage for thousands of individuals and what consequences have occured on multiple public health levels among underserved populations.

II. BACKGROUND

Due to the COVID-19 pandemic, the U.S. federal government ensured that Medicaid recipients were allowed to maintain coverage for the duration of the public health emergency (PHE). When the PHE ended on May 11th, 2023, states initiated the redetermination process for Medicaid eligibility (Coleman, 2023). This new enrollment period started in February of 2023

for many states, and as of November 1st, 2023, over 10 million individuals across the nation have been disenrolled (Smith, 2023). It is estimated that around 15 million individuals in total will lose Medicaid coverage by the end of the redetermination process (Smith, 2023). This is due partially to administrative reasons, such as not having a current address on file, submitting the application late or incomplete, or not reapplying at all (Coleman, 2023).

Unfortunately, understanding the rates of lost coverage between states is not easy because they are not required to make redetermination data publicly available (Coleman, 2023). This can make it difficult to speculate how enrollment rates vary from state to state. However, in states that have reported, it is currently known that 35% of people who have completed Medicaid renewal have been disenrolled due to ineligibility or incorrect administrative procedures (Smith, 2023). Children account for the highest number of unenrollment at 39% of the reporting states who disaggregated the data into age groups. Although children are eligible for Medicaid at higher income levels than adults, the parents or caregivers who may no longer be eligible may fail to submit Children's Health Insurance Program (CHIP) renewal materials on the child's behalf (Coleman, 2023). CHIP, which provides low-cost healthcare to children in families that earn more than the qualification limit for Medicaid, uses separate paperwork from Medicaid (Medicaid, 2024). So far, 1,881,000 children have been disenrolled from coverage out of 4,841,000 total disenrollments (Smith, 2023).

For this project, the four states in Region 7 have been studied and compared to understand Medicaid and CHIP redetermination rates and the consequences of lost coverage.

These states include Nebraska, Iowa, Missouri, and Kansas, all of which are reporting states.

Table 1 depicts the type of data released nationwide, state-by-state, including Region 7. Of the four, Iowa is the only state reporting on both a CMS Unwinding Report as well as a State Report,

which include metrics from state-based healthcare marketplaces that show eligibility and enrollment data (Smith, 2023). Medicaid Expansion versus Non-Expansion states have also been compared, as Medicaid expansion status often affects the number of beneficiaries enrolled for coverage (Coleman, 2023).

States Publicly Posting Unwinding Data

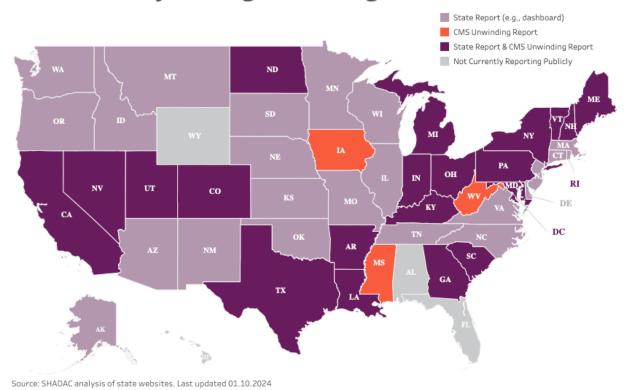


Table 1 (Zylla et al., 2023)

Currently, compacted and compared information on both Region 7 states and children enrolled in Medicaid and CHIP is lacking; this project aims to collect this data and identify the negative consequences of the redetermination process. Beyond this, additional informational gaps concerning this topic have been filled through the specific aims of the project, which included an assessment of the individual and population health impact of the Region 7 states in

the Medicaid redetermination process, an examination on which of the Region 7 states populations the Medicaid renewal has affected most, particularly children, and an identification of potential policies and programs that states can implement to promote continuity of coverage and minimize the impact of negative consequences. Long-term, the objective of these aims is to provide information that can be disseminated to individuals and policymakers to improve Medicaid processes and Medicaid coverage at the state and national levels.

III: METHODS

The study methods for this Capstone project consist of a scoping literature review followed by a policy identification and analysis. The literature review was conducted in JSTOR, CINAHL, and PubMed databases on February 10th, 2024, and included journal articles, websites, and newspaper articles published between 2013-2023. The search strategy included keywords and subject headings (when available) for the following search terms using Boolean Operators: Through the databases JSTOR, CINAHL, and PubMed, the search "Medicaid" OR "Insurance" OR "Healthcare" AND "Nebraska" OR "Iowa" OR "Missouri" OR "Kansas" AND "Renewal" AND "Underserved" OR "Disadvantaged" OR "Child".

Each study or article included in this project has undergone a primary and secondary review to ensure that the aims and results of the data are acceptable. Article titles and abstracts were screened for relevance and excluded if they did not include the key words listed above, did not match the timeline (2013-2023), discussed separate Medicaid programs apart from the redetermination process, or focused on states outside of Region 7. After being screened through this process, articles were coded through the scoping literature review.

The articles used to collect data on the Medicaid redetermination process that met inclusion criteria is listed in Appendix Table 3 as well as in "Literature Cited"; articles were synthesized through a standard literature review coding process, listed in Table 3 of the Appendices, which included Article Title, Date Published, Main Idea or Aim, Results, Passing the Joanna Briggs Institute (JBI) Checklist, Further Notes, and Citations. Data and research from this review that are relevant to the research question and objectives of the Capstone were analyzed and included in this final report. Research reports, journals, articles, and legislation were assessed for bias before data extraction using the Joanna Briggs Institute (JBI) Checklist². The JBI Checklist for Systematic Reviews and Research Synthesis is a critical appraisal tool that addresses the possibility of bias in the conduct, design, or analysis of a study (Aromataris et al., 2015). Research found within the literature review was evaluated for clarity of research aims and questions, appropriate inclusion criteria, appropriate search strategy, adequate sources and resources, correct appraisal methods, likelihood of bias, and supportive data (Aromataris et al., 2015). Included studies were reviewed for both individual and population-level outcomes of redetermination.

These methods accomplish all three aims, which include assessing the individual and population health impacts on those living in states in Region 7, examining which populations Medicaid redetermination may affect most, particularly children (both accomplished through the literature review), and lastly identifying and analyzing policies and programs these states could implement to minimize any negative impact caused by the redetermination. Finally, Medicaid redetermination was compared across the four states to identify gaps in collected data. Both quantitative and qualitative data on this topic was collected through the literature review and policy identification process.

For the policy and program analysis, state legislative online archives were used to study and compare relevant programs and policies. These included but were not limited to the Nebraska Legislature, Kansas State Legislature, Iowa Legislature, and the Missouri General Assembly. Keywords included "Medicaid", "Children", and "Coverage". Programs and policies initiated from 2003 to 2024 were considered for use.

IV: RESULTS

The research question posed for this project is as follows: What are the implications of the Medicaid renewal among Region 7 states, and how did it impact underserved populations in these states? The scoping systematic review identified over 500 articles. Article titles and abstracts were screened for inclusion, resulting in 47 relevant, full-text articles and papers. The 47 relevant studies were then evaluated for bias using the Joanna Briggs Institute (JBI) Checklist For Systematic Reviews and Research Synthesis¹, resulting in 26 studies eligible for data extraction. Studies included qualitative research on Medicaid unwinding data, articles specific to certain vulnerable populations, news articles particular to specific states, state policy articles and forums, and nationwide quantitative Medicaid Redetermination Data trackers.

B. SCOPING LITERATURE REVIEW

Several populations were found to be at a higher risk of losing coverage through the Medicaid redetermination process. These populations included people of color, postpartum mothers, pregnant women, children under the age of nineteen, parents with low incomes, beneficiaries or immigrants with Low English Proficiency (LEP), the elderly, the disabled, beneficiaries with no stable home address, and nursing home residents. Greater attention across studies was paid to children, as they accounted for almost four in ten of Medicaid disenrollments

(roughly 40%) across the 21 states reporting age breakouts as of February 22nd, 2024 (KFF, Medicaid Enrollment and Unwinding Tracker, 2024).

Among all Medicaid beneficiaries across the United States, KFF Health News has stated that 17.4 million have become disenrolled, with 41.3 million yet to be renewed (Galewitz, 2024). Research revealed that most disenrollment cases were the result of administrative or procedural errors. Of the 26 articles reviewed, many reported procedural errors such as not receiving a renewal form from the state, the inability to reach a call center to complete renewals, administrative staff shortages at the state level, and the inability to understand Medicaid renewal forms, particularly among those with Limited English Proficiency (LEP) (Brakebill et al., 2023; Braum, 2024; Corallo, 2024; Fentem, 2024; Huguelet, 2023; Liss et al., 2023; Mirza et al., 2022; Pradhan, 2024; Wagner et al., 2023).

As of February 2024, the number of Medicaid disenrollments among the Region 7 states due to the unwinding process for each state was as follows: Nebraska, 94,057; Missouri, 221,985; Kansas, 145,201; and Iowa, 223,162 (KFF, Medicaid Enrollment and Unwinding Tracker, 2024). Unenrollment due to procedural reasons among these numbers were as follows: Nebraska, 47,043; Missouri, 172,823; Kansas, 84,434; and Iowa, 158,029 (KFF, 2024). Among the four Region 7 states, Kansas was the only Medicaid non-expansion state. Unwinding data for Kansas concluded that due to non-expansion, uninsurance rates among Medicaid beneficiaries are expected to increase by 5.5% by June of 2024 (Guerra-Cardus & Lukens, 2023). However, Missouri had the highest percentage of all four states in terms of struggling to meet deadlines for processing applications at 34% (Unwinding Watch: Tracking Medicaid Coverage as Pandemic Protections End, 2024). Each state within Region 7 used different methods to track and analyze Medicaid unwinding data; however, only Iowa completed a full Centers for Medicare and

Medicaid Services (CMS) Unwinding Report (Zylla et al., 2023). Iowa was also the only state to implement the Medicaid unwinding process into four specific "phases", which every Iowa Medicaid beneficiary continues to cycle through at different rates (Iowa DHHS, 2024). It should be noted that since Iowa was the only state to complete the full CMS unwinding report, the total unenrollment numbers for Kansas, Nebraska, and Missouri may not be fully accurate.

C. POLICY ANALYSIS:

Among policies instated in Region 7 states, articles specific to Kansas and Missouri suggested expanding Medicaid to lower uninsurance rates, pausing renewals to fix current systems, and improving performance metrics for Medicaid and SNAP data (Guerra-Cardus & Lukens, 2023; Huguelet et al., 2023; McIntyre, 2022). Iowa and Nebraska legislative articles recommended improving Medicaid education forums, extending enrollment periods, implementing auto-enrollment programs, and enhancing financial assistance (Sherman & Lukens, 2023; Wagner et al., 2023; "What States Are Doing to Keep People Covered as Medicaid Continuous Enrollment Unwinds, 2023). Several other articles suggested states use community-based organizations to assist with Medicaid enrollment, unwinding process education, and dissemination of unwinding information (Brakebill et al., 2023; Corallo, 2024; Enos, 2023; Facione, 2024; Mirza et al., 2022; KOLN, 2023; "Ensuring Resident Coverage During the Medicaid Unwinding", 2023).

In summary, after analyzing and accepting 26 articles through the Joanna Briggs Institute Checklist For Systematic Reviews and Research Synthesis, several main results were concluded. Those most at risk for coverage loss due to the unwinding process included post-partum mothers, children, those with Limited English Proficiency, and people of color. Most cases of

disenrollment were caused by administrative or procedural errors such as not completing a renewal form, not being able to reach a call center, and the inability to understand Medicaid renewal forms. Suggested remedies to minimize coverage loss included pausing renewals to fix current Medicaid State systems, the use of community-based organizations to disseminate Medicaid unwinding information and education, Medicaid expansion, auto-enrollment programs, or enhancing financial assistance. Among the four states in Region 7, Kansas was the only non-expansion state; due to this, disenrollment is expected to increase by 5.5% by June 2024 (Guerra-Cardus & Lukens, 2023). Iowa was the only state that completed a full CMS Unwinding Report and was also the only state to implement the Medicaid unwinding process into four specific unwinding "phases" to assist beneficiaries in maintaining coverage during the redetermination process (Iowa DHHS, 2024).

V. DISCUSSION

Over the past three years, Medicaid enrollment has risen exponentially due to the COVID-19 Public Health Emergency (PHE). Enrollment was made continuous for the duration of the PHE and allowed beneficiaries to maintain coverage even if they were no longer eligible (DHHS, 2023). When the PHE Emergency ended in May of 2023, most states returned to their original eligibility rules and millions of Medicaid beneficiaries began to lose coverage. This loss in healthcare coverage disproportionately affected vulnerable populations, mainly children, and caused consequences for those affected. As of March 2024, over 17 million Medicaid enrollees have been affected; of these, children accounted for one in four disenrollments (KFF, Medicaid Enrollment and Unwinding Tracker, 2024).

For this project, the four states in Region 7 (Iowa, Nebraska, Missouri, and Kansas) were most closely focused on in terms of coverage loss and continuation. After conducting a scoping literature review and policy analysis on selected data, it was discovered that most Medicaid beneficiaries lost coverage due to procedural errors such as not receiving a renewal form from the state, the inability to reach a call center to complete renewals, administrative staff shortages at the state level, and the inability to understand Medicaid renewal forms, particularly among those with LEP (Brakebill et al., 2023; Braum, 2024; Corallo, 2024; Fentem, 2024; Huguelet, 2023; Liss et al., 2023; Mirza et al., 2022; Pradhan, 2024; Wagner et al., 2023). Beyond this, those at the highest risk of losing coverage included postpartum mothers, children under the age of nineteen, and beneficiaries with LEP (KFF, Medicaid Enrollment and Unwinding Tracker, 2024). Multiple administrative strategies at the state level were suggested to be implemented to minimize the loss in coverage among these populations, including pausing renewals, using community-based organizations to disseminate Medicaid unwinding information and education, expanding Medicaid in non-expansion states, and increasing resources and financial assistance for beneficiaries. To use these suggestions, new or amended policy must be implemented; current Medicaid policy across the states in Region 7 is inconsistent and leaves many gaps to be filled.

VI. CONCLUSION:

Post-pandemic, further Medicaid policy is necessary to minimize the negative impacts the Medicaid redetermination has had on Medicaid beneficiaries in the United States, particularly the states in Region 7, where many vulnerable populations have been negatively impacted by Medicaid coverage losses due to the renewal process. Iowa was the only state of the four in

Region 7 to complete a full CMS Unwinding Report and provide Medicaid redetermination "phases" to assist beneficiaries in the process (Iowa DHHS, 2024). Similar programs to this, as well as further expansion and financial assistance to vulnerable populations such as children and those with LEP, are necessary to start regaining ground on the coverage that has been lost so far. Furthermore, a focus on remediating coverage lost due to procedural reasons is essential, as high percentages of lost coverage across the states in Region 7 were due to these reasons. Medicaid is a necessary form of healthcare coverage for many Americans; to improve health outcomes and promote health equity across all populations, future consideration of this issue must be pursued.

D. PUBLIC HEALTH COMPETENCIES:

The Public Health Competencies I applied to this project include one Foundational Competency and two Concentration Competencies. The Foundational Competency that was applied is MPHF6: 'Discuss the means by which structural bias, social inequities and racism undermine health and create challenges to achieving health equity at organizational, community and societal levels.' The project integrates this competency in multiple ways. First, underserved populations who are heavily affected by structural bias, social inequalities, and racism were made a priority in research and data collection. These factors can both play into the way redetermination impacts these disadvantaged populations, as well as affect the outcomes of these individuals due to redetermination. Second, the purpose of this project was to understand the impact on those who have lost Medicaid coverage, particularly children. This loss of basic healthcare coverage creates barriers to achieving health equity on all levels.

The first Concentration Competency that was applied to this Capstone is HSRAMPH4: 'Summarize the legal, political, social, and economic issues that impact the structure, financing, and delivery of health services within health systems in the US'. This competency was evident throughout the project as one of the largest public healthcare programs in the U.S., Medicaid, was under research for the various factors that impact redetermination across the four states of Region 7 and how redetermination may cause these factors, primarily social and economic.

The second and final Concentration Competency applied to this project was

HSRAMPH5: 'Examine information about health policy issues and problems and evaluate

alternative policy options for these issues'. The final aim of this Capstone was to identify and
analyze programs or policies that these states could implement to lessen any negative impacts.

Comparing programs and policies across the nation as well as between the four Region 7 states
themselves allowed for an understanding of what can work for underserved populations in this
situation and if any programs or policies should either be implemented in the future or removed.

B. IRB APPROVAL:

This project did not require IRB review or approval.

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VII: APPENDICES

Table 2: Joanna Briggs Institute, 2017



	Critical Appraisal Checklist for Systemati	c Rev	iews	and Re	search			
•	etheses							
	orYear							
		Yes	No	Unclear	Not applicable			
1.	Is the review question clearly and explicitly stated?							
2.	Were the inclusion criteria appropriate for the review question?							
3.	Was the search strategy appropriate?							
4.	Were the sources and resources used to search for studies adequate?							
5.	Were the criteria for appraising studies appropriate?							
6.	Was critical appraisal conducted by two or more reviewers independently?							
7.	Were there methods to minimize errors in data extraction?							
8.	Were the methods used to combine studies appropriate?							
9.	Was the likelihood of publication bias assessed?							
10.	Were recommendations for policy and/or practice supported by the reported data?							
11.	Were the specific directives for new research appropriate?							
Ove	rall appraisal: Include 🔲 Exclude 🔲 Seek fur	ther info						
Com	ments (Including reason for exclusion)							
_								
(Joanna Briggs Institute 2017 for Systematic				Checklist			

Table 3: Scoping Literature Review Coding Chart

Lit Review Capstone	TITLE	DATE PUBLISHED	MAIN IDEA/AIM	RESULTS	JBI (y/n)	NOTES	CITATION
ISTOR	Last 11 States Should Expand Medicald to Maximize Coverage and Protect Against Funding Drop as Continuous Coverage Ends	2023	In 2021, Medicaid enrollment reached record highs. The unwinding process is quickly unrowling this progress. To minimize the negative impact, states should conduct content, improve systems soft set those who are no longer Medicaid eligible have other options, and enviewing and improving the network process. The submicro of this article pers that the 11 non-expansion states should consider expansion once the unwinding begins.	Those falling in the coverage gap include people of color, postparium mothers, children under 19, and parents with low iscories. This article provides various reasons as to why non-expension states should expain Medically, childrighe the alloy before their unitiased at below carrier their scales, one of the non-expansion states, was estimated to have a 55% increase in uninsured rates by the end of the unwinding joune 2024).	Υ	Page 5 has a good description of the groups who fall in coverage gaps. Lots of good reasons for non- expansion states to expand (Kansas primarily).	Guerra-Cardus, L., & Lukens, G. (2023). Last 12 States Should Expand Medicals to Movimize Coverage and Potent Against Funding Drop as Continuous Coverage Ends. Center on Budget and Policy Priorities. http://www.jstscorg/stable/resrep47239
ISTOR	What to Watch for in Next Week's Census Data on Poverty, Income, and Health Insurance in 2022	2023	Due to the expiration of pandemic relef, povery rates have soared in the US in recent years. Children especially are being hit harder than usual with the expiration of the Rescue Plan's Child Tax Oredit expansion.	Unissued rates reached record low in 2022 due to pandemic relief. However, uninsued rates a roop splammeting with he unividing. The submaring also that some part that states in lease these sugging rates by possing renewals to fix their current systems, improving statewide eligibility data, and implementing stategies to ease call center was to tries and other administrative issues.	Υ	Would be beneficial to compare this article to data from 2024.	Sherman, A., & Lukens, G. (2023). What to Watch for in Next Week's Census Data on Poverty, Income, and Health Insurance in 2022. Center on Budget and Policy Priorities. http://www.jstor.org/stable/resrep53956
JSTOR	What We Measure Matters: Enhanced Performance Metrics for SNAP and Medicaid Would Promote a More Human-Centered Delivery System	2023	The authors of this article argue that improve metrics for SNAP and Medicaid benefits are necessary now that COVID-19 policies are ending. Mainly, how programs and policies directly work for participants should be examined.	Administrative errors can make benefits hard to obtain even when the economy is table. Now that COVD relief is ending it, is more important than even to focus on these administrative errors. It is more in the control of the contr	Υ	Includes tangible Scorecard and Vital Signs that states can use to ease uninsured rates.	Huguelet, A., Rosenbaum, D., & Wagner, J. (2033). What We Measure Matters: Enhanced Performance Metrics for SMP and Medical Would Promote a More Human-Centered Delivery System: Center on Budget and Policy Priorities. http://www.jstor.org/stable/resrep53053
KFF	Halfway Through 'Unwinding,' Medicaid Enrollment is Down About 10 Million	2024	Due to the Medicaid Unwinding, Medicaid enrollment has fallen by 9.5 million by February 2024.	These results are similar to Medical levels pre-paradems, but it is happening on a bager scale and much quiders; in some states, falling evolute that see worse than what was expected. Rates vary highly between states. More children are falling off roow than before the parademic.	Υ	New Press release	Galewitz, Phil. "Halfway through "Unwinding," Medicald Enrollment is down about 10 Million." KEF Health News, 7 Peb. 2024, Iffhealthnews.org/news/article/medicald- unwinding-chip-disenrollments-halfway-through- pandemic/.
	HHS Takes Additional Action to Keep People Covered as States Resume Medicaid, CHIP Renewals	2024	The U.S. Department of Health and Human Services recently amounced new flowlibilities that will courrent Medicaid and CHIP beneficiaries to maintain coverage during the Unwinding.	Many one Reabilities included. The Hirls advises states to sook with community partners (community based organizations, the hashed organizations, pharmacise, local clients, chocks, and others to belge Medical CVIPP beneficiaries understand the renewal process and current eligibility. One flexibility that is helping with his the allowance of plannaises and community-haded organization for facilitate the reinstatement of coverage for those who were recently diservoiled due to procedural reasons.	Υ	New Press release	"HHS Takes Action to Provide 12 Months of Mandatory Continuous Coverage for Children in Medicaid and of LIP (LMS - "Www.m.gov. 29 Sept. 2023, www.cms.gov/newsroom/press- releases/l/ht-sikes-action-provide 12-months- mandatory-continuous-coverage-children- medicaid-and-chip. Accessed 10 Feb. 2024.
CMS KFF	Lost in the Mix of Medicaid 'Unwinding': Kentucky Cut Off Her Health Care Over a Clerical Error	2024	this has happened to millions, even if it is not directly related to their eligibility.	It was argued that Medicaid services 'failed' this woman and many others due to faulty assessments, of eligibility. This woman said she did not necelve a renewal form-how many others may this have happened to? May state as bethind on ending automatic renewal forms. Servicinism says also be eligible for other reasons that were not noticed, so they were disenvolled. This has lead to missing important health care services such as surgery.	Υ	New Press release	Pradhan, Rachana. "Lost in the Mix of Medicald "Unwinding": Kentucky Cut of Her Health Care over a Clenical Term (FF Health Mars, 2.1 Nov. 2023, "Hithealthness org/news/article/Rentucky- medicald-unwinding-health-insurance- canceled/H": "test-i-likens932/CND-048/COu1K/20the. NJOtme. Accessed 10 Feb. 2024.
KFF	Medical 'Unwinding' Makes Other Public Assistance Harder to Get	2023	The Medical unwinding is taking a hage toll on government administrative staff who work on Medical and SMAP benefits government all cinetive voides are overhankelmed, causing beneficiaries to be on hold or in line for food and cash assistance.	"SNAP enrollment has declined along with Medicals, as extended benefits ended stay year. Millios of American are straping to receive the inchestin, most have children, under the age of 15. h (Missour), over half of SNAP applicants were denied from getting food aid due to not completing an interieve, went filter were still eligible. Missed interviews occurred oftentimes due to the inability to mach a call center to complete it.	γ	New Press release, includes Region 7 state (Missouri)	Las, Kathenn Houghton, Robana Pradhan, Samartha - "Mediad" Unwinding "Makes Other Public Assistance Harder to Get." XFF Health Mensy, 29 Nov. 2019. It is a second straight of the Commission of the Memory and Memory of the Memory of the Memory of the Memory of Memory of Memor
KFF	Medicaid's 'Unwinding' Can Be Especially Perilous for Disabled People	2023	it is argued that some states, such as Kentucky, are not following the rules to correctly determine Medical deligibility. All possible qualifications are not being considered, which is leading to eligible individuals losing coverage.	Many individuals are still eligible for Medicaid but fall through the cracks when it comes to technicalities. Pregnant women, children, and those with disabilities have a higher likihood of losing coverage.	Y	New press release, discusses vulnerable population (disabled)	Pradhan, Rachana, and McKenzie Beard. "Analysis I Medicaid's "Unwinding" Can Be Especially Perilious for Disabled People." Warshington Post, 28 Nov. 2023, www.washingtonpost.com/politics/2023/11/28/medicaids-unwinding-can-be-especially-penilous-
KFF	Unwirding of Medicaid Continuous Enrollment: Key Themes from the Field	2024	This article shows the ley data that has been extracted so far from the Medicaid unwinding process.	Although Medicaid enrollment rates have dropped significantly, communication and enragament cross states has been found. These methods include analier and toolks, engaging with community partners, star messaging, and other support. The engagement and subsequent feedback loops has been a potter superior of the numbridge, become, the volume of menses and staff or horizogies are a downeds. Gones states have tred to interestine the renewal process. Many states have increased downeds. Gones states have tred to interestine the renewal process. Many states have increased previously continued from the process of the	Υ	Condensed and widespread data on specific states and nationwide. Suggests outreach strategies for states to implement.	Conita, Inadin, et al. "Unwending of Medical Continuous forminent by Plemes from the Field- keep held - 10 Jan 2014. Field- keep held - 10 Jan 2014. West off professor accord/contenting of medical continuous-escolment-key-bemestration of the professor of the
Health Affairs	Unwinding Should Be A Call to Action To Fix Fragmented System	2023	The Medical unwinding process is showing the U.S.'s fragmented healthcare systems and the gaps that exist.	Normal Medicaid procedures are already often confusing for beneficiaries - the addition of this redistermination process, which often includes more paperwork, has exacerbated the lissue, it is stated that this importal fails harder on people of color, as these population are more likely to rely on Medicaid due to systemic racism and structural inequites found in social determinants of health. This arise memoriss resum almostos to issue mit herapt of the surviving including its Parta Medicaid irrelevants, continuous eligibility, the ensuring of seamless coverage transitions, and closing the imedicald coverage gap.	Υ	This article mentions that this period of unwinding is an oppurturity to streamline and the Medicaid system at the federal level. As Medicaid is disperessed at a state level, rates of coverage vary greatly from state to state. However, federal oversight is beginning to reveal these shortcomings and alert states as oak for fixthem.	Wagner J. Orns, A. Guerra-Cardus, L. S. Lueck, S. (2023). Unwording Should Be A Call to Action To Fix Fragmented System. Neath Affairs Forefront.
Commonwealth Fund	Jeopardizing a Sound Investment: Why Short-Term Cuts to Medicaid Coverage during Pregnancy and Childhood Could Result in Long-Term Harm	2020		i Long-term Medical coverage for pregnant women and dividen was found to be associated with improved health, lower rates of disability in adulton, higher educational attainment, greater financial security, financial benefits towards society, strong returns on government investment, and benefits specifically towards Back children.	Y	The authors of this article argue that a long-term policy solution for Medicaid funding would be automatic federal funding increases that avert future Medicaid cuts during economic downtures for in this case.	Park, Edwin, et al. "Reopardizing a Sound investment: Why Short-Term Cuts to Medicaid Coverage duning Pregnancy and Childhood Could Result in Long-Term Hamm." Www.commonwealth/und.org , 8 Dec. 2020, www.commonwealthfund.org/publications/issue- legate/10/2016/et/16/publications/issue- legate/10/2016/et/16/publications/issue- legate/10/2016/et/16/publications/issue- legate/10/2016/et/16/publications/issue-
PubMed	Continuous Eligibility for Medicald Associated With Improved Child Health Outcomes	2022	This article studies the impact prodecural issues leading to missed Medicaid coverage have on children.	For low-income children, continuous Medicast eligibility was found to close insusure gara and improve pedictic health. Collien with special health needs were only not to be especially benefitted in terms of access to preventative care, specialty care, and medical care in general.	Υ	The children in this study weren't lacking Medicaid coverage due to income limits, they were well below the level. The issue was missed paperwork.	Brantley E, Ku L Continuous Eligibility for Medicaid Associated With Improved Child Health Outcomes. Med Care Res Rev. 2012 Jun;79(3):403-413. doi: 10.1177/10775587211021172. Epub 2021 Sep 16. PMID: 34525877.
CINAHL	Editorial: Meeting the Needs of Federally Qualified Health Center Patients Following the Public Health Emergency Unwinding.	2024		The unwinding will have several registre impacts on GPUCs, including increases in uncompensated rura, a loss of revenue pu to 2.5 billion, and this loss of funding for teleshalls reviewely which became relief on havely, a mong others. It is important to mitigate the losses beared by CPUCs during the reletermination possess as they provide vestables are to diverse populations, many of which are disproportiantially impacted by the unwinding.	Y	Policies that focus federal funding on FQHCs specifically could lessen the impact of the Medicaid unwinding on vulnerable populations.	Nguyen, K. H., & Cole, M. B. (2024). Edatorial: Meeting the Needs of Federally Qualified Health Center Patients Following the Public Health Emergency Unwinding, Journal of Ambulstory Care Management, 47 (1), 43–47. https://doi.org/10.1097/JAC.00000000000000485
CINAHL	Medicaid Unwinding: Impacts, Challenges, and Advocacy Efforts in the Wake of Policy Changes.	2024	This article documents how many Medical Deneficialises are bailing coverage due to procedural reasons out in a failum to exemil it argues that manes have the opportunity to aide in this situation by sharing information and resources with beneficialises.	Since the Experiency of the unwarding in May 2023, it is estimated that 5.5 million addit and children have both Medical and OTP coverage due to proportional reasons. The groups impract more with the proportional reasons. The groups impract more with LEP, the elders, the disabled, and beneficiate with no stable home address. Some states are attempting to swith ower those who is Medical coverage of confessional ACM Marketplace plans. The authors state that number as "uniquely positioned" to communicate with petents about resources and alternate health and palent. This can be done via before conversations with clients, referals to social workers, or by sharing health care resources.	Υ	Not a policy change, but suggesting that nurses leverage their position to spread information on how to maintain healthcare coverage.	Facione, B. (2024). Medicaid Unwinding: Impacts, Challenges, and Advocacy Efforts in the Wake of Policy Changes. <i>CRL-Head & Meck Nursing</i> , 42 (1), 39–40.

CINAHL	Consequences of Post-Public Health Emergency MedicaldRedetermination for Low-Income Pregnant and Postpartum Patients.	2023	barriers to care and negative health outcomes due to the redetermination process	Note that ASS(st datine solicious) are covered by Medican (1.5 million british in 2022), income leter have become solicitor cotte average for laws become solicitor cotte average for laws properties of the solicitor of the solic	Υ	Vulnerable population- postpartum and pregnant beneficiaries. Also includes methods to minimize lost coverage.	Brakebill, A., Hutzinga, J. L., & Admon, L. (2023). Consequences of Post-Public Health Emergency Medical Redestraniation for Low-Broome Pregnant and Postpartum Patents. Journal of Wamer's Health (E460996), 32 (12), 1268–1270. https://doi.org/10.1089/jwh.2023.0820
CINAHL	Ensuring Resident Coverage During the Medicaid Unwinding.	2023	This article covers the methods providen can take to ensure nursing home residents stay covered post-unwinding.	"State Medical agencies have over \$17 million redetermination to conduct before NeW 2004. Most states have not conducted redetermination to use of the years. During that the, beneficiary information (contact riformation, francial information, etc.) might have become out of data and states agencies have his opinificant staff survivour and shortages, in many states, state analyce county rigigibility usins may have few or no staff members with redetermination expertite. Despite Centers for Medicara & Models derivering guidance and support, this could result in notable breaks in Medical coverage". In nursing home, staff turnover rates as high, Securace of this, knowledge and Medical coverage. The nursing home, staff turnover rates as high, Securace of this, knowledge and Medical coverage. The nursing home, staff turnover rates as high, Securace of this, knowledge and Accordates/Medical center for Assisted leading (MACA/AGA) has reported resources and education for nursing home staff to use to understand Medical durwinding processes and how to ensure residents stay overset.	Υ	Vulnerable population- elderly in nursing homes. The data is showing that providers are a key way to ensure coverage among many Medicaid beneficiaries.	Ensuring Resident Coverage During the Medicals Unwinding, (2023). Provider, 50 (2), 1.
CINAHL	States prepare to avert problems as Medicaid rolls stand to be pared down.	2023	This new press article, released in April of 2023, determined what it thought the consequences of the redetermination would be.	States each have their own methods of alerting the public to the Medical indetermination, May inder initiate and expanded an ordification project to alert provides and posterius about redetermination. This started with FO/ICs and moved to community mental health centers (the radice specied the unwelling to heavily mental through the own the behavior and mental health issues). California is using social media methods to spread information. State designated health information Caustrage (HE) can moderate the process and operation of such as found in the control provider, clinical and state Nectical agreed so they are initiated focus on supporting partents." By leveraging current technology and information.	Υ	The CMS asked all states to report on data 12 months after the PHE ended (May 11th)- check in and see where the data is so far.	Enos, G. (2023). States prepare to avert problems as Medicair foils tand to be pared down. Mental Health Weekly, 33 (16), 1–3. https://doi.org/10.1002/mhw.33611
CINAHL	Evidence-Based Outreach Strategies for Minimizing Coverage Loss During Unwinding.	2022	Although the unwinding will cause many who are eligible to lose coverage, it will also likely cause a swell of appropriate terminations- individuals who are truly no longer Medicai d eligible.	There is limited literature or research concerning methods of reaching enrollers during the unwarding process. In ACT conducted of Lidenia among Medicial beneficiaries, it was found that phone interventions work significantly better than email interventions. Low-cost low-louch methods such as email are easier for states, but phiere-out higher bound methods are shown to cover gaps better. Administrative stiff who are directly able to assist in beneficiary questions are much more highlight. This strice bushes plance based enrolling and state over email, or a hypoth, highlight. This strice bushes plance based enrolling and state over email, or a hypothesis.	Υ	Policy implications could include phone assistance/better funding towards live administrative staff at the state level.	McIntyre, A. (2022). Evidence-Based Outreach Strategies for Minimizing Coverage Loss During Unwinding. JAMM Health Forum, 3 (10), e223581. https://doi.org/10.1001/jamahealthforum.2022.3 581
	Medicaid Redetermination and Renewal Experiences of Limited English Proficient Beneficiaries in Illinois.	2022	The purpose of this study was to examine the experiences Limited English Profeciency (LEP) Medicals beneficies had during redetermination processes in illnois. Languages included Arabic, Chinese, Korean, and Vietmanese.	The results concluded that LEP causes extensive barriers during the redetermination process in comparison to English profesions beneficials. LEP respondents also done of Simets the odds of Soings (Medicaid benefits than English proficient respondents. The article calls for better language supports during Medicaid redetermination processes.	Υ	LEP populations are another vulnerable population during the Medicaid unwinding. Future policy could feature language supports during	Mizza, M., Harrisco, E. A., Quilfones, I., & Kim, H. (2022). Medicaid Redetermination and Renewal Experiences of Limited English Proficient Beneficiaries in Illinois. Journal of Immigrant & Minority Health , 24 (1), 145–153. https://doi.org/10.1007/s10903-021-01178-8
CINAHL	Starting in 2024, a federal law will guarantee Missouri kids keep Medicald coverage for a year	2024	Starting January 1st, 2024, a provision in the federal spending bill will ensure that all children under the age of 18 who receive CHP or Medicaid benefits will not be removed for 12 months.	With the Medicaid unwinding, tens of thousands of Missouri children had been removed from Missouri state Medicaid. Almost 10,000 individuals were removed from Medicaid brenfst, with over hard being children. Thorocaduri assours free the cause of most religibilities. Unfortunative, this specific bil will not gui antere children overage once the 12 months is up-annual renewals will continue with normal processes.	Υ	redetermination processes. Important policy in Missouri that covered more children under Medicaid/CHIP for 12 months after unwinding.	Fentem, Sarah. "Starting in 2024, a Federal Law Will Guarantee Missouri Kids Keep Medicaid Coverage for a Year." KCUR- Kansas City News and 1898, 20 Nov. 2023, www.kcur.org/health/2023-11-20/starting-in-
lowa DHHS	Continuous Coverage Unwind Toolkit- lowa Medicaid	2023	This document is a toolist to aid lows Medicaid beneficiaries in understanding the Medicaid unwinding process.	low's Medical de edetermination process includes a phases; Green Phase (publishing member rifol; bilen Phase (preparing members for the unwinding). Red Phase (Peoling) members full ferrewal) flesh Phase (Paparing) members for the unwinding. Red Phase (Peoling) members full rerewal requirements so as to avoid so to coverage due to procedural reasonal, and Yellow Mhase (Phovding coverage information to hote who are not been religible for Medical berriefs). These sphases occur over the course of one year. The Green Phase started for most in January of 2013, but offlers (depending on the inductal These phases and falls to the bootife vers field and posted on social middle, posted in email and physical nevel theretine, discussed in lows town halfs, and posted in the form of printed (year.)	Υ	How have lowa's Medicaid rates looked from 2023- 2024? Could this be attributed to the toolkit? If rates were better, could other states implement a similar toolkit, or have they done so? *lowa has the second higher.	Continuous Coverage Univined Toolkit Lova Department of Health and Human Services. 2023.
Kansas Action For Children	As Unwinding Continues, Thousands of Kansas Kids Lost Coverage Due to Systems "Gitch	2024	Almost 18,000 children under YanCare ¹ lost healthcare coverage due to procedural reaons, not due to income ineligibility.	Since August 13, 2023, 58,178 includeable lost faucher Medical coverage due to procedural reasons, but can reented distinct the enistatement without wrively period. One 700% of those in the reinstatement window are children. The "gitch" that caused to many discernoliments was due to 'ex- jentification of the control o	Υ	Kansas has the highest rate of disenoliment out of all of the Region 7 states- most likely due to the glitch.	Braum, Heather. "As Unwinding Continues, Thousands of Kansas Kids Lost Coverage due to Systems "Gittch." Kansas Action for Children, 12 Oct. 2023, www.kas.org/as_unwinding_continues_thousand s_of_kansas_kids_lost_coverage_due_to_system s_glitch. Accessed 10 Feb. 2024.
Nebraska DHHS	Nebraska Medicaid To Hold Weekly Public Webinars On The Public Health Unwinding	2024	The Nebraska DHH5, starting May 11th, 2023, is holding virtual public meetings/webinars to discuss the Medicald unwinding and how members can renroll.	To minimize the loss of coverage for Nebraska Medicaid beneficiaries, the Nebraska DHHS held weekly public webinars to inform and educate Medicaid members on the redetermination process. All webinars were recorded and are available on the Nebraska DHHS website.	Υ	Not a policy, but one way Nebraska aimed to minimize lost Medicaid	Powell, Jeff. "Nebraska Medicaid to Hold Weekly Public Webinars on the Public Health Unwinding." <i>Dhhs.ne.gov</i> , 11 May 2023,
CMS	Unwinding Watch: Tracking Medicaid Coverage as Pandemic Protections End	2024	This unwinding tracker has kept track of unwinding data since May of 2023, and continues to update monthly.	Interests completed via ex part have increased, 8) Cottode or 2023, 38% of messals had been completed five way of her other farts and markst excention to trappe the dismand and volume of softwisting the work of the part factor with. The average call center was time to over 20 minutes. Applications have double, signaling that many individuals who were light promised that they were in fact still eighbe. Many states are his ortugaling to process applications in a timely manner in Mansoust, 34% of applications were not proceed within 56 signs. In Seas, 22% were not processed within this time frame. Outside of Region 7 states, Arkansas and South Dakota account for some of	Y+E23	This tracker updates monthly with news on unwinding data nationwide.	"Unwinding Watch: Tracking Medicald Coverage as Pandemic Protections End! CMS." Unwarragov. 2 Feb. 2024, https://www.cbp.org/research/health/unwindin- g-watch-tracking-medicald-coverage-as-pandemic protections-end. Accessed 16 Feb. 2024.
KFF	State Policy Choices Are Likely to Affect the Extent of Medicaid Enrollment Declines During the Unwinding Period What States Are Doing to Keep	2023	This article documents the implications unwinding will have nationwide and includes relevant data.	in a table based on renewal policies, Kansas does not follow up on returned mail, Iowa and Nebbaska do not follow up with enrollees who have not responded to a renewal request before terminating coverage, and Missouri will not table 12-14 months to complete all renewals. Methods to minimize coverage loss include marketplace strategies to limit coverage gaps (an	Υ	Various statewide unwinding data. Methods states are using to	Tolbert, Jennifer, et al. "State Policy Choices Are Likely to Affect the Extent of Medicaid Enrollment Declines during the Unwinding Period." KFF, 9 May 2023, www.kff.org/medicaid/issue- "What States Are Doing to Keep People Covered
Commonwealth Fund	People Covered as Medicaid Continuous Enrollment Unwinds	2023	I his article documents serveral methods states are using to keep people enrolled under Medicald coverage during the unwinding process.	Netroots to minimize coverage loss include marketpiace strategies to limit coverage gaps (an extended special-enrollment period), lowering administrative hurdles through auto-enrollment programs, and enhancing financial assistance,	Y	methods states are using to minimize negative impacts.	"What states are bong to keep reopie Lovered as Medicaid Continuous Enrollment Unwinds." Www.commonwealthfund.org , 6 Dec.